

**UWRF Invitational - 2/11/2023****Knowles Center****Results****Women 60 Meter Dash**

Name	Year School	Prelims	H#
Preliminaries			
1 LeFever, Lexi	SR UW River Falls	7.87Q	1
2 Dodge, Sofia	JR Concordia SP	8.15Q	2
3 Graham, Breonna	SR Concordia SP	8.17q	1
4 Gunderson, Annika	FR UW River Falls	8.30q	1
5 Hansen, Sarah	SO UW River Falls	8.34q	2
6 Schwartz, Brenna	FR UW River Falls	8.41q	2
7 Osuoha, Chidera	FR Concordia SP	8.42q	2
8 Kubera, Kyla	SO UW River Falls	8.48q	1
9 Reintsma, Callie	SO Concordia SP	8.66	1
10 Lanes, Serena	SO North Central	8.80	1
11 Williams, Samdi	FR North Central	9.05	1
12 Salzman, Jordan	FR UW River Falls	9.16	2
13 Hintzman, Megan	SO UW River Falls	9.18	2
14 Anderson, Miriam	SO North Central	9.63	1

**Women 60 Meter Dash**

Name	Year School	Finals
Finals		
1 LeFever, Lexi	SR UW River Falls	7.78
2 Dodge, Sofia	JR Concordia SP	8.13
3 Graham, Breonna	SR Concordia SP	8.15
4 Kubera, Kyla	SO UW River Falls	8.16
5 Gunderson, Annika	FR UW River Falls	8.29
6 Hansen, Sarah	SO UW River Falls	8.31
7 Osuoha, Chidera	FR Concordia SP	8.38
7 Schwartz, Brenna	FR UW River Falls	8.38

**Women 200 Meter Dash**

Name	Year School	Finals	H#
1 LeFever, Lexi	SR UW River Falls	25.67	4
2 Langlois, Sarah	SR UW River Falls	26.82	4
3 Hansen, Sarah	SO UW River Falls	27.36	4
4 Gunderson, Annika	FR UW River Falls	27.74	3
5 Dietrich, Marlee	JR UW River Falls	27.93	3
6 Zimmerman, Karlina	FR Concordia SP	27.99	3
7 Schwartz, Brenna	FR UW River Falls	28.14	2
8 Kubera, Kyla	SO UW River Falls	28.69	2
9 Reintsma, Callie	SO Concordia SP	29.22	2
10 Lanes, Serena	SO North Central	29.40	3
11 Salzman, Jordan	FR UW River Falls	29.83	1
12 Hintzman, Megan	SO UW River Falls	30.73	1
13 Williams, Samdi	FR North Central	30.94	1
14 Miller, Nakima	SO North Central	31.35	2
15 Anderson, Miriam	SO North Central	32.71	1

## UWRF Invitational - 2/11/2023

## Knowles Center

## Results

## Women 400 Meter Dash

Name	Year School	Finals	H#
1 Langlois, Sarah	SR UW River Falls	1:00.83	2
29.32 (29.32)	1:00.83 (31.52)		
2 Hansen, Sarah	SO UW River Falls	1:01.21	2
29.63 (29.63)	1:01.21 (31.59)		
3 Chan, Nyadio	FR Concordia SP	1:03.78	2
30.05 (30.05)	1:03.78 (33.73)		
4 Kuechle, Cailyn	JR UW River Falls	1:05.28	1
31.96 (31.96)	1:05.28 (33.33)		
5 Johnson, Esther	FR North Central	1:07.14	1
32.29 (32.29)	1:07.14 (34.86)		
-- Lanes, Serena	SO North Central	DQ	1
31.72 (31.72)	1:07.44 (35.72)		

## Women 800 Meter Run

Name	Year School	Finals	
1 Halbach, Megan	SO UW River Falls	2:35.34	
39.50 (39.50)	1:19.63 (40.14)	1:59.02 (39.40)	2:35.34 (36.32)
2 Scott, Carolina	FR Concordia SP	2:36.80	
40.15 (40.15)	1:19.52 (39.37)	1:59.32 (39.80)	2:36.80 (37.48)
3 Opsahl, Peyton	FR UW River Falls	2:37.30	
39.15 (39.15)	1:19.53 (40.39)	1:59.64 (40.11)	2:37.30 (37.66)
4 Cole, Olivia	FR Concordia SP	2:39.06	
39.92 (39.92)	1:19.33 (39.41)	1:59.05 (39.73)	2:39.06 (40.02)
5 Greelis, Maddie	JR UW River Falls	2:48.26	
40.62 (40.62)	1:22.98 (42.36)	2:07.68 (44.71)	2:48.26 (40.59)
6 Gudahl, Emma	FR UW River Falls	3:08.51	
42.21 (42.21)	1:29.28 (47.08)	2:20.70 (51.42)	3:08.51 (47.81)

## Women 1 Mile Run

Name	Year School	Finals	
1 Lofstad, Elizabeth	SO North Central	5:32.42	
44.36 (44.36)	1:26.87 (42.51)	2:08.93 (42.07)	2:51.42 (42.50)
3:33.90 (42.48)	4:15.49 (41.59)	4:55.99 (40.51)	5:32.42 (36.43)
2 Harmer, Makayla	FR Concordia SP	5:52.84	
44.68 (44.68)	1:28.14 (43.46)	2:13.56 (45.43)	2:59.30 (45.75)
3:44.99 (45.69)	4:31.11 (46.13)	5:15.22 (44.11)	5:52.84 (37.63)
3 Thelen, Kelsey	FR Concordia SP	5:53.38	
44.27 (44.27)	1:26.89 (42.63)	2:09.68 (42.79)	2:53.79 (44.11)
3:39.45 (45.67)	4:25.78 (46.33)	5:11.38 (45.60)	5:53.38 (42.01)
4 Borash, Erin	FR UW River Falls	5:57.31	
45.05 (45.05)	1:28.60 (43.56)	2:13.23 (44.63)	2:59.59 (46.36)
3:45.25 (45.66)	4:31.49 (46.24)	5:16.21 (44.73)	5:57.31 (41.10)
5 Hyland, Kayley	SO North Central	6:33.85	
46.64 (46.64)	1:34.61 (47.97)	2:23.16 (48.56)	3:13.57 (50.41)
4:04.22 (50.66)	4:55.46 (51.24)	5:45.88 (50.42)	6:33.85 (47.98)
6 Gudahl, Emma	FR UW River Falls	6:41.88	
46.29 (46.29)	1:35.07 (48.78)	2:26.14 (51.08)	3:19.68 (53.54)
4:11.54 (51.86)	5:03.27 (51.73)	5:55.72 (52.46)	6:41.88 (46.16)

**UWRF Invitational - 2/11/2023****Knowles Center****Results****....Women 1 Mile Run**

7 Fox, Katie	FR North Central	7:09.90		
47.20 (47.20)	1:35.93 (48.74)	2:26.84 (50.92)	3:20.87 (54.04)	
4:16.31 (55.44)	5:14.06 (57.75)	6:12.84 (58.79)	7:09.90 (57.06)	

**Women 3000 Meter Run**

Name	Year School	Finals		
1 Geipel, Hillary	Alumni	11:13.24		
45.49 (45.49)	1:28.66 (43.17)	2:12.34 (43.69)	2:55.96 (43.63)	
3:39.17 (43.21)	4:23.75 (44.59)	5:08.30 (44.55)	5:53.69 (45.39)	
6:39.64 (45.95)	7:25.75 (46.12)	8:12.04 (46.29)	8:59.35 (47.32)	
9:46.49 (47.14)	10:32.48 (45.99)	11:13.24 (40.76)		
2 Houglum, Tess	SO Concordia SP	12:10.28		
48.76 (48.76)	1:36.06 (47.30)	2:23.50 (47.45)	3:11.08 (47.58)	
3:59.67 (48.59)	4:49.17 (49.50)	5:38.18 (49.02)	6:26.43 (48.25)	
7:14.63 (48.20)	8:03.32 (48.70)	8:52.94 (49.62)	9:43.52 (50.59)	
10:34.33 (50.82)	11:23.74 (49.41)	12:10.27 (46.53)		
3 Sajdak, Anna	FR Concordia SP	12:13.98		
47.82 (47.82)	1:34.68 (46.86)	2:22.34 (47.67)	3:10.77 (48.43)	
3:59.39 (48.63)	4:48.82 (49.43)	5:37.82 (49.00)	6:26.74 (48.93)	
7:15.02 (48.28)	8:03.71 (48.69)	8:53.47 (49.77)	9:45.70 (52.23)	
10:38.02 (52.33)	11:28.81 (50.79)	12:13.98 (45.17)		
4 Butler, Delaney	SR Concordia SP	12:30.27		
48.45 (48.45)	1:35.81 (47.37)	2:23.29 (47.48)	3:11.38 (48.09)	
4:00.29 (48.92)	4:49.97 (49.68)	5:39.37 (49.40)	6:29.70 (50.34)	
7:21.01 (51.31)	8:13.25 (52.25)	9:05.72 (52.48)	10:50.36 (1:44.64)	
11:40.89 (50.54)	12:30.27 (49.38)	12:30.27 (0.01)		

**Women 60 Meter Hurdles**

Name	Year School	Finals
1 Robertson, Kimi	Alumni	10.86
2 Kubera, Kyla	SO UW River Falls	11.53

**Women Distance Medley**

School	Finals
1 UW River Falls 'A'	13:31.78
1) Opsahl, Peyton FR	2) Borash, Erin FR
3) Halbach, Megan SO	4) McAlpine, Jaidyn FR
2 UW River Falls 'B'	13:33.55
1) Braunlich, Sammy JR	2) Dietrich, Marlee JR
3) Kuechle, Cailyn JR	4) Greelis, Maddie JR

**Women Pole Vault**

Name	Year School	Finals
1 Gunderson, Annika	FR UW River Falls	3.81m 12-06.00
3.42 3.57 3.72 3.81 3.89		
XO XXO XXO XO XXX		

**UWRF Invitational - 2/11/2023****Knowles Center****Results****....Women Pole Vault**

2	Dodge, Sofia	JR Concordia SP	3.12m	10-02.75
	2.97 3.12 3.27			
	O O XXX			
3	Reintsma, Callie	SO Concordia SP	2.97m	9-09.00
	2.67 2.82 2.97 3.12			
	O O O XXX			
4	Hintzman, Megan	SO UW River Falls	2.67m	8-09.00
	2.67 2.82			
	O XXX			
--	Robertson, Kimi	Alumni	NH	
	2.97			
	XXX			

**Women Long Jump**

Name	Year	School	Finals
1 LeFever, Lexi	SR	UW River Falls	5.42m 17-09.50
	5.28m 5.38m 5.39m 5.42m 5.23m 5.37m		
2 Salzman, Jordan	FR	UW River Falls	4.50m 14-09.25
	4.08m 4.50m 4.14m 4.04m 4.25m 4.30m		

**Women Triple Jump**

Name	Year	School	Finals
1 Schwartz, Brenna	FR	UW River Falls	10.39m 34-01.25
	10.26m FOUL 10.39m 10.03m 10.33m 10.12m		
2 Lofstad, Elizabeth	SO	North Central	9.30m 30-06.25
	9.20m FOUL FOUL 9.12m 9.30m FOUL		

**Women Shot Put**

Name	Year	School	Finals
1 Lavendusky, Maya	FR	Concordia SP	12.11m 39-08.75
	10.41m 10.78m 10.62m 11.14m 12.11m FOUL		
2 Rosenbush, Jackie	JR	UW River Falls	11.56m 37-11.25
	11.56m 10.83m 10.66m FOUL 10.17m FOUL		
3 Eldred, Abigail		Alumni	11.41m 37-05.25
	10.40m 9.88m 10.26m 10.60m 11.16m 11.41m		
4 Graham, Jasmine	SO	UW River Falls	10.04m 32-11.25
	8.85m 10.01m 9.86m 10.04m FOUL FOUL		
5 Allen, Olivia	SO	UW River Falls	9.99m 32-09.50
	9.90m 9.83m 9.47m 9.99m 9.82m 9.71m		
6 Jones, MiCayla	SR	North Central	9.26m 30-04.75
	8.67m 8.85m 8.53m 9.26m 8.77m 8.41m		
7 Salzman, Jordan	FR	UW River Falls	7.73m 25-04.50
	FOUL 7.35m 6.75m 7.27m 6.73m 7.73m		

**Women Weight Throw**

Name	Year	School	Finals
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**UWRF Invitational - 2/11/2023****Knowles Center****Results****....Women Weight Throw**

1 Eldred, Abigail	Alumni	15.11m	49-07.00
14.23m 13.35m FOUL 15.11m 14.67m FOUL			
2 Rosenbush, Jackie	JR UW River Falls	14.27m	46-10.00
13.26m 13.85m 12.68m FOUL 13.59m 14.27m			
3 Haase, Katie	JR UW River Falls	14.09m	46-02.75
13.40m 12.98m 13.24m 13.81m FOUL 14.09m			
4 Lavendusky, Maya	FR Concordia SP	11.64m	38-02.25
FOUL 9.60m 11.64m 10.58m 10.09m 9.23m			
5 Graham, Jasmine	SO UW River Falls	11.35m	37-03.00
FOUL 11.35m 10.55m 11.01m 11.23m 11.25m			
6 Allison, Ashlyn	FR Concordia SP	10.16m	33-04.00
10.16m 8.98m FOUL FOUL 8.98m 9.56m			
7 Jones, MiCayla	SR North Central	9.01m	29-06.75
FOUL 9.01m 7.90m 7.71m 8.49m 7.66m			

**Men 60 Meter Dash**

Name	Year School	Prelims	H#
Preliminaries			
1 Stewart, Kemarri	SO UW River Falls	6.96Q	1
2 O'Connor, Isaiah	FR UW River Falls	7.12Q	2
3 Jensen, Trever	JR UW River Falls	7.36Q	3
4 Klocow, Jackson	SO Concordia SP	7.34q	1
5 Hovde, Trey	JR UW River Falls	7.42q	2
6 Omeja, Jackson	SO North Central	7.45q	1
7 Royal, Caleb	SO UW River Falls	7.50q	1
8 Boche, Matt	SO UW River Falls	7.51q	2
9 Heminover, Cullen	FR Concordia SP	7.55	2
10 Pace, Thomas Wilson	SR Unattached	7.58	3
11 Carey, Ted	FR Concordia SP	7.59	2
12 Trochlil, Luke	FR UW River Falls	7.62	3
13 Juaire, Nehemiah	SO North Central	7.65	1
14 Kernstock, Hogan	Alumni	7.74	3
15 Stauffer, Joe	JR UW River Falls	7.76	2
16 Gare, Keegan	SO North Central	7.77	1
17 VanWyz, Benjamin	FR North Central	7.78	3
18 Kasper, Adam	0 Alumni	7.84	1
19 Hawkins, Cody	0 Alumni	7.85	1
20 Pliego Flores, Darcy	FR North Central	8.31	3
21 Anderson, Joshua	FR North Central	8.44	3

**Men 60 Meter Dash**

Name	Year School	Finals
Finals		
1 Stewart, Kemarri	SO UW River Falls	6.96
2 O'Connor, Isaiah	FR UW River Falls	7.15
3 Klocow, Jackson	SO Concordia SP	7.27
4 Hovde, Trey	JR UW River Falls	7.29
5 Jensen, Trever	JR UW River Falls	7.36
6 Omeja, Jackson	SO North Central	7.39
7 Royal, Caleb	SO UW River Falls	7.49
8 Boche, Matt	SO UW River Falls	7.55

**UWRF Invitational - 2/11/2023****Knowles Center****Results****Men 200 Meter Dash**

Name	Year School	Finals	H#
1 Stewart, Kemarri	SO UW River Falls	22.78	6
2 Wachter, Dylan	JR UW River Falls	22.86	6
3 Doumbia, Christian	FR UW River Falls	23.14	5
4 Segura, Nate	JR Concordia SP	23.20	5
5 O'Connor, Isaiah	FR UW River Falls	23.49	5
6 Jensen, Trever	JR UW River Falls	23.54	6
7 Klocow, Jackson	SO Concordia SP	23.97	4
8 Hovde, Trey	JR UW River Falls	24.03	4
9 Peterson, Payton	SO Concordia SP	24.14	3
10 Omeja, Jackson	SO North Central	24.22	4
11 Burgin, Derek	SO North Central	24.28	5
12 Boche, Matt	SO UW River Falls	24.46	3
13 Lebsack, Elliot	FR North Central	24.59	1
14 Royal, Caleb	SO UW River Falls	24.69	4
15 Trochlil, Luke	FR UW River Falls	24.77	3
16 Feist, Cullen	SO Concordia SP	25.09	2
17 Juaire, Nehemiah	SO North Central	25.43	3
18 VanWyz, Benjamin	FR North Central	25.52	2
19 Hawkins, Cody	0 Alumni	25.74	1
20 Gare, Keegan	SO North Central	25.82	2
21 Lundt, Caleb	FR North Central	25.88	2
22 Bottema, Ryan	FR UW River Falls	25.89	1
23 Pliego Flores, Darcy	FR North Central	28.17	1

**Men 400 Meter Dash**

Name	Year School	Finals	H#
1 Wachter, Dylan	JR UW River Falls	50.44	3
2 Doumbia, Christian	FR UW River Falls	52.68	3
3 Nevarez-Ramirez, Jose	FR Concordia SP	53.37	2
4 Heggstad, Luke	FR UW River Falls	54.23	3
5 Peterson, Payton	SO Concordia SP	54.34	2
6 Sims, Josh	SO Concordia SP	54.59	2
7 Feist, Cullen	SO Concordia SP	55.68	2
8 Stamp, Owen	FR UW River Falls	57.47	1
9 VanWyz, Benjamin	FR North Central	1:00.27	1

**Men 800 Meter Run**

Name	Year School	Finals	
1 Munson, Logan	FR UW River Falls	1:59.36	
29.43 (29.43)	58.62 (29.20)	1:28.68 (30.06)	1:59.36 (30.69)
2 McCullough, Kyle	SO UW River Falls	2:00.23	
29.26 (29.26)	59.03 (29.77)	1:29.04 (30.02)	2:00.23 (31.20)
3 Lenz, Luke	FR UW River Falls	2:13.41	
32.69 (32.69)	1:05.17 (32.48)	1:39.45 (34.28)	2:13.41 (33.96)
4 Kasper, Adam	Alumni	2:14.13	
32.36 (32.36)	1:04.86 (32.50)	1:39.61 (34.75)	2:14.13 (34.53)
5 Converse, Garrett	FR North Central	2:17.86	
32.78 (32.78)	1:04.69 (31.91)	1:40.78 (36.09)	2:17.86 (37.09)

## UWRF Invitational - 2/11/2023

## Knowles Center

## Results

## ...Men 800 Meter Run

-- Salonek, Eli FR North Central DNF  
33.16 (33.16) 1:08.31 (35.15)

## Men 1 Mile Run

Name	Year	School	Finals	H#
1 Manley, Julian		Alumni	4:24.82	2
35.34 (35.34)		1:08.52 (33.18)	1:41.31 (32.79)	2:14.62 (33.32)
2:47.58 (32.96)		3:21.39 (33.81)	3:53.59 (32.20)	4:24.82 (31.23)
2 Gill, Chris		Unattached	4:31.07	2
34.99 (34.99)		1:08.26 (33.27)	1:41.04 (32.79)	2:14.33 (33.29)
2:47.35 (33.02)		3:21.65 (34.31)	3:56.77 (35.12)	4:31.07 (34.31)
3 Borash, Dan		Alumni	4:31.74	2
35.70 (35.70)		1:08.84 (33.14)	1:41.68 (32.85)	2:15.06 (33.38)
2:48.71 (33.66)		3:23.82 (35.11)	3:59.03 (35.22)	4:31.74 (32.71)
4 Hjelman, Christian		SO UW River Falls	4:51.37	2
36.30 (36.30)		1:09.54 (33.24)	1:44.15 (34.62)	2:21.06 (36.91)
2:57.16 (36.11)		3:34.50 (37.34)	4:13.22 (38.72)	
5 Matuszak, Chase		FR UW River Falls	4:53.64	2
36.02 (36.02)		1:09.36 (33.34)	1:44.37 (35.02)	2:22.01 (37.65)
3:00.41 (38.40)		3:39.63 (39.22)	4:19.17 (39.54)	4:53.64 (34.47)
6 Korstad, Magnus		FR UW River Falls	4:55.33	1
36.05 (36.05)		1:11.11 (35.07)	1:47.57 (36.46)	2:25.57 (38.01)
3:04.55 (38.99)		3:44.10 (39.55)	4:23.32 (39.22)	4:55.33 (32.02)
7 Converse, Garrett		FR North Central	4:57.88	1
36.42 (36.42)		1:12.37 (35.95)	1:48.86 (36.50)	2:25.22 (36.36)
3:03.64 (38.42)		3:42.62 (38.99)	4:21.97 (39.35)	4:57.88 (35.92)
8 Knigge, Viktor		FR UW River Falls	4:59.57	1
36.72 (36.72)		1:12.16 (35.45)	1:48.11 (35.95)	2:26.41 (38.30)
3:05.18 (38.77)		3:44.80 (39.62)	4:24.30 (39.50)	4:59.57 (35.28)
9 Rozycki, Leif		SO UW River Falls	5:09.44	1
38.86 (38.86)		1:14.84 (35.99)	1:52.66 (37.82)	2:31.86 (39.21)
3:11.27 (39.42)		3:51.14 (39.87)	4:30.58 (39.44)	5:09.44 (38.87)
10 Jacoby, Zach		5 Unattached	5:18.82	1
38.56 (38.56)		1:14.35 (35.79)	1:52.51 (38.17)	2:32.99 (40.48)
3:14.35 (41.37)		3:56.13 (41.78)	4:38.88 (42.76)	5:18.82 (39.94)
11 Azeltine, Ryan		FR North Central	5:38.13	1
42.66 (42.66)		1:25.16 (42.51)	2:09.42 (44.26)	2:53.13 (43.72)
3:36.40 (43.28)		4:20.18 (43.78)	5:02.86 (42.68)	5:38.13 (35.27)
12 Rekala-Jasper, Max		SO UW River Falls	5:39.01	1
40.02 (40.02)		1:19.57 (39.55)	2:01.91 (42.34)	2:46.05 (44.15)
3:31.38 (45.33)		4:16.68 (45.31)	4:59.60 (42.92)	5:39.01 (39.41)

## Men 3000 Meter Run

Name	Year	School	Finals
1 Peters, Sam		SO UW River Falls	9:23.28
35.37 (35.37)		1:12.20 (36.83)	1:50.84 (38.64)
3:05.51 (38.04)		3:43.41 (37.91)	4:21.18 (37.78)
5:36.70 (37.73)		6:15.55 (38.86)	6:54.16 (38.62)
8:10.36 (37.90)		8:48.69 (38.34)	9:23.28 (34.59)
			2:27.48 (36.64)
			4:58.97 (37.79)
			7:32.47 (38.31)

**UWRF Invitational - 2/11/2023****Knowles Center****Results****....Men 3000 Meter Run**

2 Durdle, Sage	FR UW River Falls	9:27.47		
35.80 (35.80)	1:12.74 (36.95)	1:50.63 (37.89)	2:26.98 (36.35)	
3:04.19 (37.21)	3:42.53 (38.35)	4:20.85 (38.32)	4:59.32 (38.48)	
5:37.69 (38.38)	6:16.75 (39.06)	6:55.93 (39.19)	7:35.52 (39.59)	
8:15.44 (39.93)	8:53.93 (38.49)	9:27.47 (33.55)		
3 Opsahl, Jordan	FR UW River Falls	9:33.68		
36.76 (36.76)	1:13.60 (36.84)	1:51.34 (37.74)	2:28.46 (37.12)	
3:05.33 (36.88)	3:43.89 (38.56)	4:22.78 (38.90)	5:02.24 (39.47)	
5:41.70 (39.46)	6:21.13 (39.44)	7:01.45 (40.33)	7:41.45 (40.00)	
8:20.85 (39.40)	8:59.79 (38.95)	9:33.68 (33.89)		
4 Pfeifer, Cory	SO UW River Falls	9:36.04		
36.46 (36.46)	1:13.34 (36.88)	1:51.01 (37.67)	2:27.92 (36.92)	
3:04.50 (36.58)	3:43.14 (38.65)	4:21.51 (38.37)	4:59.59 (38.08)	
5:38.00 (38.42)	6:17.28 (39.28)	6:56.74 (39.47)	7:37.48 (40.74)	
8:18.54 (41.07)	8:58.92 (40.38)	9:36.04 (37.12)		
5 Ottosen, Eric	SO UW River Falls	9:50.39		
36.09 (36.09)	1:12.95 (36.86)	1:50.54 (37.60)	2:26.35 (35.81)	
3:04.31 (37.97)	3:42.91 (38.60)	4:20.60 (37.70)	5:00.80 (40.20)	
5:42.38 (41.59)	6:24.53 (42.15)	7:06.35 (41.82)	7:46.91 (40.56)	
8:28.36 (41.45)	9:10.34 (41.99)	9:50.39 (40.06)		
6 Frigstad, James	SO Concordia SP	9:52.86		
37.20 (37.20)	1:14.58 (37.38)	1:53.01 (38.43)	2:32.24 (39.24)	
3:11.86 (39.62)	3:51.97 (40.12)	4:32.12 (40.15)	5:12.45 (40.34)	
5:52.81 (40.37)	6:33.52 (40.71)	7:14.42 (40.91)	7:55.87 (41.45)	
8:37.27 (41.40)	9:16.89 (39.62)	9:52.86 (35.98)		
7 Anderson, Dylan	JR Unattached	10:13.64		
38.33 (38.33)	1:16.48 (38.15)	1:56.37 (39.90)	2:37.66 (41.29)	
3:19.97 (42.32)	4:02.36 (42.39)	4:44.66 (42.30)	5:26.23 (41.58)	
6:07.62 (41.39)	6:49.33 (41.71)	7:30.52 (41.20)	8:11.94 (41.42)	
8:54.54 (42.61)	9:36.38 (41.85)	10:13.64 (37.27)		
8 Byers, Daniel	SR Unattached	10:22.32		
39.38 (39.38)	1:19.61 (40.24)	2:01.21 (41.60)	2:42.97 (41.77)	
3:24.76 (41.79)	4:06.85 (42.09)	4:49.18 (42.34)	5:31.11 (41.93)	
6:13.25 (42.14)	6:55.98 (42.74)	7:38.87 (42.90)	8:21.08 (42.21)	
9:03.40 (42.33)	9:44.69 (41.29)	10:22.32 (37.63)		
9 Jacoby, Zach	5 Unattached	10:49.05		
40.59 (40.59)	1:20.95 (40.36)	2:02.31 (41.37)	2:43.82 (41.51)	
3:26.01 (42.20)	4:08.32 (42.31)	4:50.68 (42.37)	5:33.93 (43.25)	
6:16.89 (42.96)	7:01.57 (44.69)	7:48.07 (46.50)	8:33.92 (45.86)	
9:20.76 (46.84)	10:06.49 (45.73)	10:49.05 (42.57)		
10 Anton, Caleb	SR Unattached	10:54.54		
40.39 (40.39)	1:20.68 (40.30)	2:02.06 (41.38)	2:43.57 (41.51)	
3:25.77 (42.20)	4:08.10 (42.34)	4:52.80 (44.70)	5:36.13 (43.34)	
6:21.81 (45.68)	7:07.94 (46.13)	7:55.38 (47.44)	8:42.43 (47.05)	
9:28.62 (46.20)	10:12.57 (43.95)	10:54.54 (41.97)		

**Men 60 Meter Hurdles**

Name	Year School	Finals
1 Theis, Charlie	SO UW River Falls	9.22
2 Broyld, Rayden	FR Concordia SP	9.30
3 Enders, Peyton	SO Concordia SP	9.36
4 Pace, Thomas Wilson	SR Unattached	9.52
5 Bottema, Ryan	FR UW River Falls	9.76



**UWRF Invitational - 2/11/2023****Knowles Center****Results****Men High Jump**

Name	Year	School	Finals	
1 Marial, Yaih	FR	UW River Falls	2.01m	6-07.00
			1.71 1.76 1.81 1.86 1.91 1.96 2.01 2.06	
			P P P O O XXO XO XXX	
2 Juaire, Nehemiah	SO	North Central	1.81m	5-11.25
			1.71 1.76 1.81 1.86	
			O O XO XXX	
2 Weiers, Isaac	SO	North Central	1.81m	5-11.25
			1.71 1.76 1.81 1.86	
			O O O XXX	

**Men Pole Vault**

Name	Year	School	Finals	
1 Stauffer, Joe	JR	UW River Falls	4.52m	14-10.00
			4.22 4.37 4.52 4.74	
			O XXO O XXX	
2 Alexander, Joel	SO	UW River Falls	4.22m	13-10.00
			3.92 4.07 4.22 4.37	
			O O O XXX	
3 Walsh Brenizer, AJ		Alumni	3.92m	12-10.25
			3.62 3.77 3.92 4.07	
			XO O XO XXX	
4 Lueck, Brooks	JR	UW River Falls	3.62m	11-10.50
			3.32 3.47 3.62 3.77	
			XO O O XXX	
4 Alam, Basheer	SO	Concordia SP	3.62m	11-10.50
			3.32 3.47 3.62 3.77	
			O XO XO XXX	
6 Hawkins, Cody	O	Alumni	3.47m	11-04.50
			3.47 3.62	
			XXO XXX	
7 Enders, Peyton	SO	Concordia SP	3.32m	10-10.75
			3.02 3.17 3.32 3.47	
			XXO O O XXX	
8 Molnar, Windsor		Unattached	3.02m	9-10.75
			3.02 3.17	
			XO XXX	
-- Sorensen, Colton		Alumni		NH
			4.22	
			XXX	

**Men Long Jump**

Name	Year	School	Finals	
1 O'Connor, Isaiah	FR	UW River Falls	6.72m	22-00.75
			5.99m 6.59m 6.72m 6.59m 6.51m 6.28m	
2 Carey, Ted	FR	Concordia SP	6.38m	20-11.25
			6.11m 6.27m 6.18m 6.13m 6.13m 6.38m	
3 Theis, Charlie	SO	UW River Falls	6.01m	19-08.75
			5.92m 5.95m 5.88m 5.97m 6.01m 4.03m	

**UWRF Invitational - 2/11/2023****Knowles Center****Results****....Men Long Jump**

4	Enders, Peyton	SO	Concordia SP	5.67m	18-07.25
	5.55m	FOUL	FOUL	5.33m	5.57m
5	Weiers, Isaac	SO	North Central	5.62m	18-05.25
	5.62m	5.58m	5.62m	FOUL	FOUL
6	Bottema, Ryan	FR	UW River Falls	5.41m	17-09.00
	5.41m	5.37m	FOUL	4.95m	FOUL

**Men Triple Jump**

Name	Year	School	Finals
1 Alexander, Joel	SO	UW River Falls	13.55m 44-05.50
	12.77m	FOUL	FOUL
2 Carey, Ted	FR	Concordia SP	13.35m 43-09.75
	12.80m	13.35m	12.70m
3 Marial, Yaih	FR	UW River Falls	12.84m 42-01.50
	12.35m	12.47m	12.84m
4 Theis, Charlie	SO	UW River Falls	12.39m 40-07.75
	FOUL	FOUL	12.18m
			12.27m
			12.39m
			12.07m

**Men Shot Put**

Name	Year	School	Finals
1 Sindelir, Brady	SO	UW River Falls	13.42m 44-00.50
	12.73m	13.06m	FOUL
2 Heng, Gideon	FR	North Central	12.79m 41-11.50
	12.79m	11.95m	FOUL
3 Eldred, Taylor		Alumni	12.34m 40-06.00
	12.34m	FOUL	FOUL
4 Pettis, Keyshawn	FR	Concordia SP	12.16m 39-10.75
	12.16m	FOUL	12.11m
5 Ward, Jacob	SO	UW River Falls	10.01m 32-10.25
	10.01m	FOUL	8.85m
5 Anderson, Joshua	FR	North Central	10.01m 32-10.25
	9.13m	9.59m	9.95m
7 Anderson, Joey	FR	North Central	9.10m 29-10.25
	8.31m	7.99m	9.10m
			9.08m
			FOUL
			8.93m

**Men Weight Throw**

Name	Year	School	Finals
1 Eldred, Taylor		Alumni	15.97m 52-04.75
	FOUL	FOUL	7.57m
2 Pettis, Keyshawn	FR	Concordia SP	15.29m 50-02.00
	FOUL	13.68m	15.29m
3 Bergstrom-Luoma, Rob	SO	UW River Falls	13.78m 45-02.50
	12.89m	13.78m	12.94m
4 Krummen, Carter	FR	Concordia SP	12.43m 40-09.50
	12.43m	11.78m	FOUL
5 Ward, Jacob	SO	UW River Falls	11.98m 39-03.75
	10.75m	10.16m	10.46m
6 Heng, Gideon	FR	North Central	11.64m 38-02.25
	FOUL	11.16m	11.64m
			10.35m
			11.15m
			11.18m

**UWRF Invitational - 2/11/2023**

**Knowles Center**

**Results**

**...Men Weight Throw**

7 Anderson, Joshua	FR North Central	8.83m	28-11.75
FOUL	8.27m	8.80m	8.64m
	8.21m	8.83m	