

Carleton Meet of Hearts - 2/11/2023**Recreation Center****Results****Women 55 Meter Dash**

Name	Year School	Finals	H#
Finals			
1 Stinson, Makayla	St. Catherine	7.60	4
2 Amundson, Journey	Macalester	7.65	4
3 Lott, Bianca	Carleton	7.73	4
4 Roberts, Riley	Carleton	7.78	4
5 Nichols, Claire	St. Catherine	7.83	4
6 Rodriguez, Santrice	Augsburg	7.90	4
7 Davidson, Grace	Luther	7.92	4
8 Aladetan, Amira	Carleton	7.94	4
9 Rahberg, Zoe	Luther	8.00	3
10 Bishop, Mya	Augsburg	8.09	3
11 Brueckner, Ruth	Crown	8.13	3
12 Sturgeon, Audri	Crown	8.16	1
13 Pankow, Maia	Martin Luther	8.22	1 8.211
14 Lynch, MacKenzie	Martin Luther	8.22	1 8.213
15 Hoppe, Cianna	Bethany Lutheran	8.23	1
16 Crewey, Amanda	Macalester	8.24	3
17 Carver, Zoe	Macalester	8.28	3
18 Yoder, Katie	St. Catherine	8.29	3
19 Schanbacher, Ellie	Crown	8.32	2
20 Caballero, Gaby	Luther	8.37	3
21 Nolan, Kiley	Luther	8.41	3 8.401
22 Anderson, Laura	Crown	8.41	1 8.409
23 Smith, Savannah	Augsburg	8.52	2

Women 200 Meter Dash

Name	Year School	Finals	H#
1 Hookom, Allison	Augsburg	26.77	8
2 Keller, Kasandra	Luther	27.88	8
3 Stinson, Makayla	St. Catherine	28.03	7
4 Rodriguez, Santrice	Augsburg	28.17	8
5 Lott, Bianca	Carleton	28.19	6
6 Cesare, CC	Augsburg	28.38	6
7 Roberts, Riley	Carleton	28.40	7
8 Davidson, Grace	Luther	28.43	6
9 Elco, Annika	Luther	28.63	5
10 Hunter, Penny	Macalester	28.66	5
11 Brueckner, Ruth	Crown	28.74	7
12 Anderson Sanchez, Anna	Crown	28.90	5
13 Aladetan, Amira	Carleton	28.99	7
14 Marks, Amara	Luther	29.03	5
15 Bishop, Mya	Augsburg	29.37	6
16 Lynch, MacKenzie	Martin Luther	30.00	1
17 Falkowski, Caitlin	Macalester	30.33	4
18 Sturgeon, Audri	Crown	30.45	1
19 Anderson, Naomi	Bethany Lutheran	30.66	1
20 Schanbacher, Ellie	Crown	30.98	4
21 Anderson, Laura	Crown	31.02	3
22 McCue, Megan	Bethany Lutheran	31.49	1
23 Kane, Morgan	Luther	31.58	3
24 Smith, Savannah	Augsburg	31.93	4

Carleton Meet of Hearts - 2/11/2023**Recreation Center****Results****...Women 200 Meter Dash**

25 Hollander, Ella	Crown	32.56	1
26 Nolan, Kiley	Luther	32.63	3
27 Zaccaria, Angela	Bethany Lutheran	32.70	3

Women 400 Meter Dash

Name	Year School	Finals	H#
1 Hookom, Allison	Augsburg	59.37	3
28.256 (28.256)	59.368 (31.112)		
2 Twichell, Hadley	Carleton	1:01.12	3
28.869 (28.869)	1:01.117 (32.248)		
3 Preston, Adisa	Macalester	1:02.26	3
29.891 (29.891)	1:02.260 (32.369)		
4 Anderson Sanchez, Anna	Crown	1:06.11	2
32.090 (32.090)	1:06.102 (34.012)		
5 Foley, Naomi	Martin Luther	1:07.04	3
31.977 (31.977)	1:07.038 (35.061)		
6 Pankow, Maia	Martin Luther	1:07.21	1
32.028 (32.028)	1:07.204 (35.176)		
7 VanDenHeuvel, Macie	Martin Luther	1:08.29	1
32.579 (32.579)	1:08.282 (35.703)		
8 Anderson, Naomi	Bethany Lutheran	1:08.94	1
32.368 (32.368)	1:08.936 (36.568)		
9 Kuhlman, Chloe	Bethany Lutheran	1:12.13	2
33.786 (33.786)	1:12.125 (38.339)		
10 Hollander, Ella	Crown	1:13.19	2
34.625 (34.625)	1:13.190 (38.565)		
11 Zaccaria, Angela	Bethany Lutheran	1:14.61	2
35.531 (35.531)	1:14.601 (39.070)		

Women 600 Meter Run

Name	Year School	Finals
1 Ferguson, Jocelyn	Carleton	1:40.08
30.229 (30.229)	1:03.975 (33.746)	1:40.072 (36.097)
2 Grams, Sarah	Luther	1:46.26
33.041 (33.041)	1:09.301 (36.260)	1:46.252 (36.951)
3 Smith, Sadie Ray	Carleton	1:46.96
33.085 (33.085)	1:09.393 (36.308)	1:46.959 (37.566)
4 Hansen, Penelope	Luther	1:54.80
33.284 (33.284)	1:11.472 (38.188)	1:54.796 (43.324)
5 Merwin, Jordan	Bethany Lutheran	1:54.93
35.106 (35.106)	1:13.721 (38.615)	1:54.921 (41.200)

Women 800 Meter Run

Name	Year School	Finals	H#
1 Silverstein, Celia	Carleton	2:23.41	2
34.461 (34.461)	1:10.279 (35.818)	1:47.128 (36.849)	2:23.404 (36.276)
2 Blankenship, Alyssa	Luther	2:24.19	2
34.667 (34.667)	1:10.523 (35.856)	1:47.100 (36.577)	2:24.187 (37.087)

Carleton Meet of Hearts - 2/11/2023**Recreation Center****Results****....Women 800 Meter Run**

3	Wilkins, Hadley	Macalester	2:26.72	2		
	34.905 (34.905)	1:10.969 (36.064)	1:48.478 (37.509)		2:26.720 (38.242)	
4	Thurston, Karley	Macalester	2:29.35	2		
	36.109 (36.109)	1:13.017 (36.908)	1:50.003 (36.986)		2:29.349 (39.346)	
5	Rodriguez, Madeline	Macalester	2:32.11	2		
	35.613 (35.613)	1:13.332 (37.719)	1:52.616 (39.284)		2:32.102 (39.486)	
6	Hoppe, Cianna	Bethany Lutheran	2:34.24	2		
	36.551 (36.551)	1:15.574 (39.023)	1:55.545 (39.971)		2:34.237 (38.692)	
7	Hansen, Morgan	Luther	2:34.46	2		
	35.809 (35.809)	1:13.532 (37.723)	1:52.840 (39.308)		2:34.451 (41.611)	
8	Brueckner, Ruth	Crown	2:34.79	1		
	35.686 (35.686)	1:14.754 (39.068)	1:56.855 (42.101)		2:34.785 (37.930)	
9	Perkins, Megan	St. Catherine	2:40.04	1		
	37.795 (37.795)	1:19.634 (41.839)	2:01.061 (41.427)		2:40.040 (38.979)	
10	Marsolek, Anna	St. Catherine	2:44.48	1		
	39.068 (39.068)	1:23.176 (44.108)	2:08.085 (44.909)		2:44.473 (36.388)	
11	Witbrod, Stephanie	Bethany Lutheran	2:46.00	1		
	39.635 (39.635)	1:24.002 (44.367)	2:08.231 (44.229)		2:45.996 (37.765)	
12	Dailey, Katie	Luther	2:48.37	1		
	37.035 (37.035)	1:18.190 (41.155)	2:05.349 (47.159)		2:48.367 (43.018)	
13	Rethemeyer, Hannah	Bethany Lutheran	3:03.92	1		
	42.139 (42.139)	1:27.467 (45.328)	2:16.149 (48.682)		3:03.917 (47.768)	

Women 1000 Meter Run

=====						
	Name	Year	School	Finals	H#	
=====						
1	Blaesing, Maria		Macalester	3:02.67	2	
	33.968 (33.968)		1:08.920 (34.952)	1:45.557 (36.637)		2:23.945 (38.388)
2	Cutter, Alice		Carleton	3:08.62	2	
	34.544 (34.544)		1:11.429 (36.885)	1:52.048 (40.619)		2:31.980 (39.932)
3	Erickson, Lara		Carleton	3:11.23	2	
	34.297 (34.297)		1:09.842 (35.545)	1:48.891 (39.049)		2:30.503 (41.612)
4	Pirone, Mara		Macalester	3:13.82	2	
	35.311 (35.311)		1:12.493 (37.182)	1:52.227 (39.734)		2:33.918 (41.691)
5	Ulrich, Kate		Carleton	3:14.89	2	
	35.280 (35.280)		1:13.662 (38.382)	1:54.053 (40.391)		2:35.204 (41.151)
6	Conrad, Brooklyn		Augsburg	3:16.63	1	
	37.390 (37.390)		1:18.166 (40.776)	1:59.167 (41.001)		2:39.928 (40.761)
	3:16.627 (36.699)					
7	Dieschbourg, Morgan		Carleton	3:17.21	2	
	35.939 (35.939)		1:15.541 (39.602)	1:56.316 (40.775)		2:37.827 (41.511)
8	Lewis, Margo		Carleton	3:19.99	2	
	36.264 (36.264)		1:16.556 (40.292)	1:56.941 (40.385)		2:37.588 (40.647)
9	Jay, Annie		Carleton	3:20.77	2	
	36.812 (36.812)		1:17.233 (40.421)	1:58.867 (41.634)		2:40.830 (41.963)
10	Corbo, Olivia		Carleton	3:24.74	1	
	38.102 (38.102)		1:18.450 (40.348)	1:59.777 (41.327)		2:43.548 (43.771)
	3:24.732 (41.184)					
11	Viscontie, Ella		Carleton	3:28.68	1	
	38.857 (38.857)		1:19.794 (40.937)	2:02.101 (42.307)		2:45.867 (43.766)
	3:28.672 (42.805)					
12	Krumm, Ella		Macalester	3:29.69	2	
	37.173 (37.173)		1:17.484 (40.311)	2:00.345 (42.861)		2:44.899 (44.554)

Carleton Meet of Hearts - 2/11/2023**Recreation Center****Results****...Women 1000 Meter Run**

13	Castellano, Julia	Macalester	3:29.88	1		
	40.874 (40.874)	1:23.128 (42.254)	2:06.045 (42.917)		2:48.961 (42.916)	
	3:29.878 (40.917)					
14	Lin, Grace	Macalester	3:35.16	1		
	40.691 (40.691)	1:23.969 (43.278)	2:08.566 (44.597)		2:53.851 (45.285)	
	3:35.157 (41.306)					
15	Espeleta, Ana	Macalester	3:39.69	1		
	41.125 (41.125)	1:24.339 (43.214)	2:08.451 (44.112)		2:54.153 (45.702)	
	3:39.687 (45.534)					
16	Hatrack, Lily	Macalester	3:41.95	1		
	41.560 (41.560)	1:25.433 (43.873)	2:10.579 (45.146)		2:56.330 (45.751)	
	3:41.947 (45.617)					
17	Lantz, Annabel	Augsburg	3:57.53	1		
	41.817 (41.817)	1:27.377 (45.560)	2:17.326 (49.949)		3:09.011 (51.685)	
	3:57.521 (48.510)					

Women 1 Mile Run

Name	Year	School	Finals	H#		
1	Mayfield, Clara	Carleton	4:53.76	2		
	35.639 (35.639)	1:10.904 (35.265)	1:47.409 (36.505)		2:24.723 (37.314)	
	3:02.175 (37.452)	3:39.886 (37.711)	4:17.415 (37.529)		4:53.760 (36.345)	
2	Blanchard, Mary	Carleton	5:02.03	2		
	38.221 (38.221)	1:16.017 (37.796)	1:54.610 (38.593)		2:34.290 (39.680)	
	3:12.875 (38.585)	3:50.672 (37.797)	4:27.308 (36.636)		5:02.027 (34.719)	
3	Blaesing, Maria	Macalester	5:08.57	2		
	38.349 (38.349)	1:16.251 (37.902)	1:54.848 (38.597)		2:34.400 (39.552)	
	3:12.935 (38.535)	3:51.181 (38.246)	4:29.819 (38.638)		5:08.563 (38.744)	
4	Lewis, Steph	Luther	5:16.96	2		
	39.016 (39.016)	1:17.535 (38.519)	1:55.540 (38.005)		2:34.669 (39.129)	
	3:13.716 (39.047)	3:53.506 (39.790)	4:35.380 (41.874)		5:16.954 (41.574)	
5	Pausch, Abby	Crown	5:25.71	2		
	40.265 (40.265)	1:19.169 (38.904)	1:59.294 (40.125)		2:41.271 (41.977)	
	3:23.562 (42.291)	4:06.140 (42.578)	4:47.765 (41.625)		5:25.704 (37.939)	
6	Tilley, Rainey	Carleton	5:27.86	2		
	39.312 (39.312)	1:17.886 (38.574)	1:58.542 (40.656)		2:40.067 (41.525)	
	3:21.956 (41.889)	4:03.306 (41.350)	4:44.633 (41.327)		5:27.854 (43.221)	
7	Johnson, Gracie	Augsburg	5:31.78	2		
	39.378 (39.378)	1:18.491 (39.113)	1:58.754 (40.263)		2:39.572 (40.818)	
	3:22.744 (43.172)	4:07.049 (44.305)	4:50.732 (43.683)		5:31.772 (41.040)	
8	Schafer, Nell	Carleton	5:36.01	2		
	39.862 (39.862)	1:19.381 (39.519)	2:00.287 (40.906)		2:42.088 (41.801)	
	3:24.320 (42.232)	4:08.536 (44.216)	4:53.082 (44.546)		5:36.006 (42.924)	
9	Habben, Maya	Martin Luther	5:41.91	2		
	38.687 (38.687)	1:17.229 (38.542)	1:57.766 (40.537)		2:41.542 (43.776)	
	3:26.333 (44.791)	4:12.563 (46.230)	4:58.336 (45.773)		5:41.902 (43.566)	
10	Skogen, Berit	Luther	5:44.44	1		
	42.105 (42.105)	1:23.949 (41.844)	2:08.664 (44.715)		2:52.103 (43.439)	
	3:35.553 (43.450)	4:19.404 (43.851)	5:02.120 (42.716)		5:44.438 (42.318)	
11	Merwin, Jordan	Bethany Lutheran	5:50.28	1		
	43.795 (43.795)	1:25.315 (41.520)	2:09.498 (44.183)		2:52.871 (43.373)	
	3:36.833 (43.962)	4:21.312 (44.479)	5:06.546 (45.234)		5:50.279 (43.733)	

Carleton Meet of Hearts - 2/11/2023**Recreation Center****Results****....Women 1 Mile Run**

12 Coyle, Sylvia	Macalester	5:51.11	2		
43.166 (43.166)	1:25.126 (41.960)	2:09.678 (44.552)		2:53.760 (44.082)	
3:38.105 (44.345)	4:23.297 (45.192)	5:08.136 (44.839)		5:51.109 (42.973)	
13 Perkins, Megan	St. Catherine	5:59.12	1		
43.457 (43.457)	1:25.753 (42.296)	2:11.244 (45.491)		2:57.751 (46.507)	
3:45.127 (47.376)	4:32.716 (47.589)	5:17.319 (44.603)		5:59.113 (41.794)	
14 Paulsen, Mari	Luther	6:01.97	1		
45.977 (45.977)	1:31.369 (45.392)	2:17.183 (45.814)		3:02.955 (45.772)	
3:49.149 (46.194)	4:37.938 (48.789)	5:23.444 (45.506)		6:01.969 (38.525)	
15 Corbin, Lucy	Luther	6:09.91	1		
45.765 (45.765)	1:31.077 (45.312)	2:16.991 (45.914)		3:02.688 (45.697)	
3:48.911 (46.223)	4:37.602 (48.691)	5:24.423 (46.821)		6:09.902 (45.479)	
16 Kuhlman, Chloe	Bethany Lutheran	6:10.57	1		
41.635 (41.635)	1:23.618 (41.983)	2:09.286 (45.668)		2:57.985 (48.699)	
3:47.173 (49.188)	4:37.274 (50.101)	5:24.523 (47.249)		6:10.570 (46.047)	
17 Sovacool, Rachel	Bethany Lutheran	6:25.08	1		
45.501 (45.501)	1:30.905 (45.404)	2:18.617 (47.712)		3:07.746 (49.129)	
3:57.713 (49.967)	4:47.137 (49.424)	5:36.782 (49.645)		6:25.077 (48.295)	
18 Brandt, Morgan	St. Catherine	6:32.69	1		
47.924 (47.924)	1:35.555 (47.631)	2:23.853 (48.298)		3:12.893 (49.040)	
4:03.219 (50.326)	4:54.582 (51.363)	5:45.209 (50.627)		6:32.684 (47.475)	
19 Rethemeyer, Hannah	Bethany Lutheran	6:54.35	1		
51.135 (51.135)	1:42.110 (50.975)	2:34.198 (52.088)		3:26.762 (52.564)	
4:18.597 (51.835)	5:12.598 (54.001)	6:07.514 (54.916)		6:54.349 (46.835)	
20 Schneider, Teagan	St. Catherine	8:04.94	1		
54.551 (54.551)	1:54.339 (59.788)	2:55.479 (1:01.140)		3:58.817 (1:03.338)	
5:03.445 (1:04.628)	6:10.058 (1:06.613)	7:11.269 (1:01.211)		8:04.937 (53.668)	

Women 3000 Meter Run

Name	Year School	Finals	H#		
1 Cross, Helen	Carleton	9:54.44	2		
38.406 (38.406)	1:19.351 (40.945)	1:59.685 (40.334)		2:38.743 (39.058)	
3:18.361 (39.618)	3:57.797 (39.436)	4:36.471 (38.674)		5:15.283 (38.812)	
5:54.127 (38.844)	6:33.636 (39.509)	7:13.974 (40.338)		7:54.024 (40.050)	
8:34.803 (40.779)	9:15.642 (40.839)	9:54.440 (38.798)			
2 Preisser, Hannah	Carleton	9:58.86	2		
38.068 (38.068)	1:18.950 (40.882)	1:59.333 (40.383)		2:38.987 (39.654)	
3:18.805 (39.818)	3:58.307 (39.502)	4:38.032 (39.725)		5:17.631 (39.599)	
5:57.996 (40.365)	6:38.187 (40.191)	7:19.244 (41.057)		7:59.990 (40.746)	
8:40.883 (40.893)	9:21.454 (40.571)	9:58.853 (37.399)			
3 McManus, Sophie	Carleton	10:06.19	2		
39.062 (39.062)	1:19.982 (40.920)	2:00.497 (40.515)		2:40.647 (40.150)	
3:21.151 (40.504)	4:02.555 (41.404)	4:43.801 (41.246)		5:24.228 (40.427)	
6:05.086 (40.858)	6:29.159 (24.073)	6:45.839 (16.680)		7:26.576 (40.737)	
8:06.545 (39.969)	8:47.507 (40.962)	9:28.806 (41.299)		10:06.181 (37.375)	
4 Rowland, Libby	Carleton	10:07.40	2		
38.763 (38.763)	1:19.772 (41.009)	2:00.127 (40.355)		2:40.368 (40.241)	
3:21.327 (40.959)	4:02.812 (41.485)	4:44.045 (41.233)		5:24.525 (40.480)	
6:05.378 (40.853)	6:46.135 (40.757)	7:26.852 (40.717)		8:07.124 (40.272)	
8:48.640 (41.516)	9:29.565 (40.925)	10:07.395 (37.830)			

Carleton Meet of Hearts - 2/11/2023

Recreation Center

Results

....Women 3000 Meter Run

5 Larsen, Aliya	Carleton	10:50.13	2	
40.821 (40.821)	1:23.072 (42.251)	2:06.065 (42.993)		2:49.545 (43.480)
3:33.333 (43.788)	4:17.311 (43.978)	5:01.356 (44.045)		5:45.449 (44.093)
6:29.169 (43.720)	7:13.388 (44.219)	7:57.723 (44.335)		8:41.656 (43.933)
9:25.497 (43.841)	10:08.760 (43.263)	10:50.125 (41.365)		
6 Tobin, Kayla	Bethany Lutheran	10:59.71	2	
41.635 (41.635)	1:24.754 (43.119)	2:09.023 (44.269)		2:53.002 (43.979)
3:37.081 (44.079)	4:21.770 (44.689)	5:07.421 (45.651)		5:52.380 (44.959)
6:38.005 (45.625)	7:23.877 (45.872)	8:09.394 (45.517)		8:54.997 (45.603)
9:39.156 (44.159)	10:19.457 (40.301)	10:59.708 (40.251)		
7 Franke, Erin	Macalester	11:06.76	2	
42.477 (42.477)	1:26.353 (43.876)	2:10.892 (44.539)		2:55.394 (44.502)
3:39.862 (44.468)	4:24.393 (44.531)	5:09.360 (44.967)		5:54.399 (45.039)
6:39.489 (45.090)	7:24.182 (44.693)	8:09.588 (45.406)		8:54.925 (45.337)
9:39.583 (44.658)	10:24.151 (44.568)	11:06.754 (42.603)		
8 Borgmann, Marte	Carleton	11:07.06	2	
41.156 (41.156)	1:23.827 (42.671)	2:08.004 (44.177)		2:52.886 (44.882)
3:36.843 (43.957)	4:21.480 (44.637)	5:07.137 (45.657)		5:52.160 (45.023)
6:37.913 (45.753)	7:23.769 (45.856)	8:09.264 (45.495)		8:55.598 (46.334)
9:40.828 (45.230)	10:26.161 (45.333)	11:07.058 (40.897)		
9 Pausch, Abby	Crown	11:12.12	1	
10:33.667 (10:33.667)				
10 Votruba, Maggie	Carleton	11:22.17	1	
10:40.309 (10:40.309)				
11 Merwin, Jordan	Bethany Lutheran	11:53.37	1	
10:23.467 (10:23.467)	11:09.868 (46.401)			
12 Veit, Julia	Luther	11:57.31	1	
10:24.160 (10:24.160)				
13 Schmidt, Sarah	Luther	11:58.08	1	
10:24.871 (10:24.871)				
14 Moseley, Lindsey	Luther	12:10.69	1	
10:41.308 (10:41.308)				
15 Breed, Brittany	St. Catherine	12:17.62	1	
10:46.355 (10:46.355)				
16 Moseley, Ally	Luther	12:18.42	1	
10:48.314 (10:48.314)				
17 Nelson, Brenna	St. Catherine	12:26.78	1	
10:46.225 (10:46.225)				
18 Sovacool, Rachel	Bethany Lutheran	12:42.53	1	
11:07.201 (11:07.201)	11:58.440 (51.239)			12:42.525 (44.085)
19 Harvey, Lily	St. Catherine	12:42.57	1	
11:07.297 (11:07.297)	11:58.526 (51.229)			12:42.567 (44.041)
20 Trapp, Nicole	Martin Luther	14:51.84	1	
10:25.541 (10:25.541)	12:41.258 (2:15.717)			13:46.412 (1:05.154)
14:51.833 (1:05.421)				
-- Colnes, Jesse	Macalester	DNF	1	

Women 55 Meter Hurdles

=====				
Name	Year	School	Finals	H#
=====				
1 Blanchette, Grace		Carleton	9.09	2
2 Elco, Annika		Luther	9.28	2
3 Barlue, Burnices		St. Catherine	9.35	2
4 Sims, Jaeden		Macalester	9.62	2

Carleton Meet of Hearts - 2/11/2023**Recreation Center****Results****...Women 55 Meter Hurdles**

5 Hobby, Sarah Beth	Macalester	10.07	2
6 Cappellmann, Lauren	Macalester	10.16	1
7 Dailey, Katie	Luther	10.17	1
8 Foxen, Alison	Martin Luther	11.22	1
9 Marks, Amara	Luther	11.39	2

Women 4x200 Meter Relay

School	Finals	H#
1 Carleton 'A'	1:48.89	3
1) Twichell, Hadley		
3) Lott, Bianca		
2 Macalester 'A'	1:51.60	3
1) Gregor, Sara		
3) Hunter, Penny		
3 Luther 'A'	1:54.32	2
1) Davidson, Grace		
3) Keller, Kasandra		
4 St. Catherine 'A'	1:55.41	1
1) Doyle, Erin		
3) Barlue, Burnices		
5 Augsburg 'A'	1:55.66	3
1) Bishop, Mya		
3) Rodriguez, Santrice		
6 Martin Luther 'A'	1:58.31	1
1) Pankow, Maia		
3) Lynch, MacKenzie		
7 Crown 'A'	1:58.51	2
1) Brueckner, Ruth		
3) Schanbacher, Ellie		
8 Macalester 'B'	x2:00.01	1
1) Hobby, Sarah Beth		
3) Cappellmann, Lauren		
9 Luther 'B'	x2:02.49	2
1) Kane, Morgan		
3) Rahberg, Zoe		

Women 4x400 Meter Relay

School	Finals
1 Carleton 'A'	4:14.26
1) Twichell, Hadley	
3) Blanchard, Mary	
2 Luther 'A'	4:26.03
1) Sieve, Rose	
3) Lewis, Steph	
3 Macalester 'A'	4:26.87
1) Hobby, Sarah Beth	
3) Rodriguez, Madeline	
4 Luther 'C'	x4:32.82
1) Blankenship, Alyssa	
3) Hansen, Penelope	
5 Carleton 'B'	x4:37.94

Carleton Meet of Hearts - 2/11/2023

Recreation Center

Results

....Women 4x400 Meter Relay

- | | |
|---------------------|-------------------|
| 1) Smith, Sadie Ray | 2) Tilley, Rainey |
| 3) Ulrich, Kate | 4) Lewis, Margo |
| 6 Luther 'B' | x4:45.86 |
| 1) Kane, Morgan | 2) Rahberg, Zoe |
| 3) Grams, Sarah | 4) Hansen, Morgan |

Women High Jump

Name	Year	School	Finals
1 Dailey, Katie		Luther	1.55m 5-01.00
1.20 1.25 1.30 1.35 1.40 1.45 1.50 1.55 1.60			
P P P P O O O O XXX			
2 Nichols, Claire		St. Catherine	1.50m 4-11.00
1.20 1.25 1.30 1.35 1.40 1.45 1.50 1.55			
P P O O XO XXO O XXX			
3 Schlei, Ella		Martin Luther	1.45m 4-09.00
1.20 1.25 1.30 1.35 1.40 1.45 1.50			
P P P O O XO XXX			
4 Caballero, Gaby		Luther	1.30m 4-03.25
1.20 1.25 1.30 1.35			
O O O XXX			
5 Foxen, Alison		Martin Luther	J1.30m 4-03.25
1.20 1.25 1.30 1.35			
P O XXO XXX			
6 Marks, Amara		Luther	1.25m 4-01.25
1.20 1.25 1.30			
P XO XXX			

Women Pole Vault

Name	Year	School	Finals
1 Ricks, Karissa		Whittier	3.32m 10-10.75
2.07 2.22 2.37 2.52 2.67 2.82 2.97 3.12 3.32 3.47			
P P P P P P P XO O XXX			
2 Litton, Emily		Carleton	2.97m 9-09.00
2.07 2.22 2.37 2.52 2.67 2.82 2.97 3.12			
P P P P O O O XXX			
3 Ploor, Mya		Luther	J2.97m 9-09.00
2.07 2.22 2.37 2.52 2.67 2.82 2.97 3.12			
P P P P P O XO XXX			
4 Boyd, Roen		Macalester	2.37m 7-09.25
2.07 2.22 2.37 2.52			
XXO O XXO XXX			
-- Foxen, Alison		Martin Luther	NH
2.07			
XXX			
-- Koehler, Jenna		Martin Luther	NH
2.07			
XXX			
-- Faulk, Abby		Luther	NH
2.07 2.22 2.37 2.52 2.67 2.82			
P P P P P XXX			

Carleton Meet of Hearts - 2/11/2023**Recreation Center****Results****...Women Pole Vault**

-- Falkowski, Caitlin	Macalester	NH
2.07		
XXX		
-- Prunty, McKenna	Luther	NH
2.07 2.22		
P XXX		

Women Long Jump

Name	Year	School	Finals
1 Blanchette, Grace		Carleton	5.00m 16-05.00
FOUL 5.00m 4.87m 4.69m		FOUL PASS	
2 Nichols, Claire		St. Catherine	4.85m 15-11.00
FOUL 4.85m FOUL FOUL 4.71m		FOUL	
3 Schepper, Reilee		St. Catherine	4.65m 15-03.25
4.65m FOUL 4.65m 4.37m		PASS PASS	
4 Doyle, Erin		St. Catherine	4.35m 14-03.25
4.35m 4.19m FOUL 4.19m 4.29m 4.21m			
5 Lynch, MacKenzie		Martin Luther	4.06m 13-04.00
3.98m 3.89m 4.06m 3.84m 3.78m 3.86m			
6 McCue, Megan		Bethany Lutheran	4.00m 13-01.50
3.77m 3.98m 4.00m 3.76m 3.82m		PASS	
7 Schei, Gabbie		Luther	3.96m 13-00.00
3.96m FOUL 3.92m		PASS PASS PASS	
8 Aladetan, Amira		Carleton	3.90m 12-09.50
3.90m FOUL FOUL FOUL FOUL FOUL			

Women Triple Jump

Name	Year	School	Finals
1 Amundson, Journey		Macalester	11.51m 37-09.25
FOUL 11.19m FOUL 11.11m 11.51m 11.34m			
2 Sims, Jaeden		Macalester	10.44m 34-03.00
10.44m 10.00m FOUL FOUL FOUL FOUL			
3 Schepper, Reilee		St. Catherine	10.36m 34-00.00
FOUL FOUL 9.98m 10.36m 10.20m 10.23m			
4 Cesare, CC		Augsburg	9.98m 32-09.00
FOUL 9.73m 9.88m 9.96m FOUL 9.98m			
5 Barlue, Burnices		St. Catherine	9.88m 32-05.00
9.88m 9.78m 9.73m 9.47m FOUL FOUL			
6 Elco, Annika		Luther	9.88m 32-05.00
FOUL 9.56m 9.53m 9.59m 9.88m 9.66m			
7 Anderson, Naomi		Bethany Lutheran	9.11m 29-10.75
9.11m 8.81m 8.69m PASS PASS PASS			
-- McCue, Megan		Bethany Lutheran	FOUL
FOUL FOUL FOUL PASS PASS PASS			

Women Shot Put

Name	Year	School	Finals	H#
1 Horvath, Chando		St. Catherine	10.82m 35-06.00	2
10.74m 10.82m 10.37m 10.16m 10.76m 10.23m				

**Carleton Meet of Hearts - 2/11/2023
Recreation Center
Results**

....Women Shot Put

2	Nolte, Elise				Martin Luther	10.77m	35-04.00	1
	10.74m	10.21m	10.44m	10.77m	10.43m	10.75m		
3	Hobby, Sarah Beth				Macalester	10.64m	34-11.00	2
	10.15m	10.32m	10.64m	8.93m	10.35m	9.91m		
4	Romsdahl, Madelinn				Martin Luther	10.22m	33-06.50	1
	9.88m	9.89m	9.93m	9.74m	10.22m	9.74m		
5	Stucker, Margaret				Luther	10.20m	33-05.75	2
	9.40m	9.73m	8.91m	10.20m	9.60m	9.33m		
6	Hagedorn, Emmaline				Martin Luther	9.59m	31-05.75	1
	8.56m	7.28m	9.38m	9.15m	9.59m	9.57m		
7	Schlei, Ella				Martin Luther	9.51m	31-02.50	1
	FOUL	8.89m	9.51m	FOUL	FOUL	FOUL		
8	Hardy, Payten				Luther	9.42m	30-11.00	2
	9.42m	8.61m	8.22m	8.43m	8.26m	8.62m		
9	Imdieke, Ashley				Luther	9.38m	30-09.25	2
	8.74m	9.38m	FOUL	FOUL	8.43m	8.88m		
10	Wehrspann, Lydia				St. Catherine	9.04m	29-08.00	2
	9.04m	8.87m	8.30m					
11	Althoff, Abby				St. Catherine	8.81m	28-11.00	2
	8.64m	8.81m	8.61m					
12	Faulk, Abby				Luther	8.74m	28-08.25	1
	8.74m	7.24m	7.87m					
13	Domke, Leah				Martin Luther	8.59m	28-02.25	1
	FOUL	8.59m	8.13m					
14	Felt, Haylee				Luther	8.34m	27-04.50	2
	7.78m	7.85m	8.34m					
15	Kettler, Isabelle				Martin Luther	7.67m	25-02.00	1
	7.60m	6.96m	7.67m					
16	Kordus, Grace				St. Catherine	7.43m	24-04.50	2
	6.48m	7.43m	6.99m					

Women Weight Throw

=====								
	Name		Year	School		Finals		H#
=====								
1	Horvath, Chando			St. Catherine		14.45m	47-05.00	2
	13.97m	FOUL	14.45m	12.43m	FOUL	13.44m		
2	Withbrod, Stephanie			Bethany Lutheran		13.70m	44-11.50	2
	12.63m	13.13m	FOUL	FOUL	13.70m	FOUL		
3	Imdieke, Ashley			Luther		12.60m	41-04.25	2
	11.27m	12.60m	11.85m	11.53m	11.25m	10.33m		
4	Stucker, Margaret			Luther		12.34m	40-06.00	2
	9.21m	12.34m	11.89m	11.48m	FOUL	FOUL		
5	Hardy, Payten			Luther		11.64m	38-02.25	2
	11.64m	11.47m	11.51m	11.64m	11.42m	10.78m		
6	Althoff, Abby			St. Catherine		11.48m	37-08.00	2
	10.08m	10.87m	10.34m	11.12m	11.48m	11.30m		
7	Hagedorn, Emmaline			Martin Luther		11.12m	36-05.75	1
	11.12m	10.73m	10.71m	FOUL	FOUL	9.23m		
8	Nolte, Elise			Martin Luther		10.74m	35-03.00	1
	10.74m	10.46m	FOUL	FOUL	FOUL	10.19m		
9	Felt, Haylee			Luther		9.84m	32-03.50	1
	9.83m	9.84m	9.74m	FOUL	9.30m	9.38m		
10	Kettler, Isabelle			Martin Luther		9.28m	30-05.50	1
	8.23m	7.77m	9.28m					

Carleton Meet of Hearts - 2/11/2023**Recreation Center****Results****...Women Weight Throw**

11	Schlei, Ella	Martin Luther	8.88m	29-01.75	1
	7.50m 8.46m 8.88m				
12	Romsdahl, Madelinn	Martin Luther	8.66m	28-05.00	1
	8.66m 7.63m 8.26m				
13	Domke, Leah	Martin Luther	7.12m	23-04.50	1
	7.12m FOUL 6.71m				

Men 55 Meter Dash

Name	Year	School	Finals	H#
1 Oestreich, Carson		Martin Luther	6.61	3
2 Folston, Malek		Crown	6.79	3
3 Zewou, Danny		Luther	6.85	3
4 Swecker, Ryan		Crown	6.90	3
5 Demetriades, Theo		Carleton	7.01	2
6 Raasch, Eric Martin		Martin Luther	7.02	3
7 Shanno, Hugh		Carleton	7.10	2 7.098
8 Hillmer, Matthew		Martin Luther	7.10	3 7.100
9 Johnson, Seth E.		Crown	7.12	2
10 Ehlke, Joseph		Martin Luther	7.17	3
11 Famuyide, Success		Augsburg	7.19	2
12 Veimau, Justin		Macalester	7.33	2
13 Laumb, Evan		Crown	7.46	2
14 Shariff, Nasiruddin		Augsburg	7.47	2
15 Garcia, Daniel		Augsburg	7.53	1
16 Strom, Matthew		Bethany Lutheran	7.58	2
17 Pausch, Colten		Crown	7.70	1
18 Simba, Chrino		Bethany Lutheran	8.71	1

Men 200 Meter Dash

Name	Year	School	Finals	H#
1 Kogut, Jacob		Macalester	23.76	6
2 Kennedy, Liam		Carleton	23.94	5
3 Demetriades, Theo		Carleton	24.08	4
4 Prince, Stefan		Unattached	24.14	6
5 Shanno, Hugh		Carleton	24.15	4
6 Swecker, Ryan		Crown	24.52	5
7 Zong-Naba, Sylvain		Macalester	24.53	4
8 Carey-Odden, Leif		Luther	25.03	2
9 Hillmer, Matthew		Martin Luther	25.05	5
10 Famuyide, Success		Augsburg	25.12	3
11 Johnson, Seth E.		Crown	25.20	3
12 Felsing, Joshua		Martin Luther	25.54	5
13 Bolarinwa, Moudjibou		Bethany Lutheran	25.93	2
14 Garcia, Daniel		Augsburg	26.03	3
15 Laumb, Evan		Crown	26.60	2
16 Shariff, Nasiruddin		Augsburg	27.03	2
17 Pausch, Colten		Crown	27.84	2

Carleton Meet of Hearts - 2/11/2023**Recreation Center****Results****Men 400 Meter Dash**

Name	Year	School	Finals	H#
1 Heitler, Arlo		Macalester	49.67	4
23.418 (23.418)		49.662 (26.244)		
2 Kennedy, Liam		Carleton	52.47	3
24.922 (24.922)		52.468 (27.546)		
3 Landherr, Fritz		Augsburg	53.30	4
24.812 (24.812)		25.070 (0.258)		
4 Ali, Kalid		Macalester	53.60	4
25.086 (25.086)		53.596 (28.510)		
5 Prince, Stefan		Unattached	53.62	4
24.364 (24.364)		53.613 (29.249)		
6 Clayton, Trajen		Augsburg	54.80	3
25.394 (25.394)		54.797 (29.403)		
7 Folston, Malek		Crown	54.93	2
24.933 (24.933)		54.930 (29.997)		
8 Carlson, Austin		Crown	55.06	1
27.597 (27.597)		55.059 (27.462)		
9 Wenninger, Joshua		Bethany Lutheran	55.64	2
25.883 (25.883)		55.633 (29.750)		
10 Felsing, Joshua		Martin Luther	55.76	2
25.748 (25.748)		55.758 (30.010)		
11 Hagen, Josh		Crown	58.85	2
27.402 (27.402)		58.842 (31.440)		
12 Bolarinwa, Moudjibou		Bethany Lutheran	1:02.00	1
28.821 (28.821)		1:02.000 (33.179)		
13 Lippert, Noah		Bethany Lutheran	1:03.71	1
31.124 (31.124)		1:03.702 (32.578)		

Men 600 Meter Run

Name	Year	School	Finals	H#
1 Pattison, Alistair		Carleton	1:23.48	2
26.436 (26.436)		54.259 (27.823)	1:23.473 (29.214)	
2 Schonebaum, Henry		Macalester	1:24.68	2
27.083 (27.083)		54.825 (27.742)	1:24.676 (29.851)	
3 Witt, Lachlan		Macalester	1:28.94	2
28.472 (28.472)		58.243 (29.771)	1:28.940 (30.697)	
4 Swanstrom-Arnold, Sorley		Luther	1:29.17	1
28.168 (28.168)		58.503 (30.335)	1:29.165 (30.662)	1:29.164
5 Prentice, Harrison		Luther	1:29.17	1
27.078 (27.078)		57.759 (30.681)	1:29.172 (31.413)	1:29.169
6 Bosley, Mason		Macalester	1:29.33	2
27.909 (27.909)		57.091 (29.182)	1:29.326 (32.235)	
-- Duffy, Leo		Luther	DQ	2
26.686 (26.686)		54.445 (27.759)	1:23.847 (29.402)	Lane infraction

Men 800 Meter Run

Name	Year	School	Finals	H#
1 Meier, Josh		Carleton	1:57.26	2
29.134 (29.134)		58.797 (29.663)	1:28.430 (29.633)	1:57.258 (28.828)

Carleton Meet of Hearts - 2/11/2023**Recreation Center****Results****...Men 800 Meter Run**

2 Kelly, Ian	Luther	1:57.64	2		
59.033 (59.033)	59.235 (0.202)	1:28.257 (29.022)		1:57.639 (29.382)	
3 Schwarz, Lane	Luther	1:59.05	2		
29.370 (29.370)	1:28.943 (59.573)	1:59.039 (30.096)		1:59.041 (0.002)	
4 Taylor, Ike	Luther	2:03.84	1		
29.388 (29.388)	59.406 (30.018)	1:30.905 (31.499)		2:03.835 (32.930)	
5 Lebakken, Jay	Macalester	2:04.56	2		
59.937 (59.937)	1:31.174 (31.237)	2:04.537 (33.363)		2:04.553 (0.016)	
6 Schibbelhut, Micah	Martin Luther	2:05.29	1		
27.977 (27.977)	57.107 (29.130)	1:28.788 (31.681)		2:05.289 (36.501)	
7 Wondimu, Bereket	Augsburg	2:05.90	2		
29.954 (29.954)	1:00.521 (30.567)	1:32.377 (31.856)		2:05.893 (33.516)	
8 Malecha, Thomas	Macalester	2:05.98	2		
29.508 (29.508)	1:00.205 (30.697)	1:32.073 (31.868)		2:05.977 (33.904)	
9 Pausma, Nathan	Martin Luther	2:07.65	2		
29.282 (29.282)	29.542 (0.260)	59.033 (29.491)		2:07.650 (1:08.617)	
10 Christopherson, Hans	Augsburg	2:13.02	1		
30.781 (30.781)	1:05.067 (34.286)	1:39.798 (34.731)		2:13.019 (33.221)	
11 Hagen, Josh	Crown	2:23.28	1		
33.015 (33.015)	1:08.530 (35.515)	1:46.022 (37.492)		2:23.272 (37.250)	

Men 1000 Meter Run

Name	Year School	Finals	H#		
1 Fong, Jeremy	Carleton	2:33.64	2		
31.011 (31.011)	1:02.650 (31.639)	1:34.697 (32.047)		2:04.329 (29.632)	
2:33.636 (29.307)					
2 Lyness, Indy	Carleton	2:34.37	2		
30.531 (30.531)	1:01.749 (31.218)	1:33.125 (31.376)		2:04.664 (31.539)	
2:34.367 (29.703)					
3 Asfaw, Getinat	Augsburg	2:34.52	2		
30.805 (30.805)	1:02.439 (31.634)	1:33.760 (31.321)		2:04.483 (30.723)	
2:34.517 (30.034)					
4 Hussien, Sakariya	Augsburg	2:34.96	2		
31.101 (31.101)	1:02.850 (31.749)	1:34.745 (31.895)		2:05.512 (30.767)	
2:34.953 (29.441)					
5 Olsson, Tor	Macalester	2:35.55	2		
31.436 (31.436)	1:04.185 (32.749)	1:35.714 (31.529)		2:07.494 (31.780)	
2:35.549 (28.055)					
6 Adams, Brock	Macalester	2:39.88	2		
30.950 (30.950)	1:02.924 (31.974)	1:35.158 (32.234)		2:07.851 (32.693)	
2:39.875 (32.024)					
7 Chao, Ben	Carleton	2:41.34	2		
31.390 (31.390)	1:03.489 (32.099)	1:36.071 (32.582)		2:08.852 (32.781)	
2:08.914 (0.062)					
8 Useche, Mateo	Macalester	2:42.25	2		
31.578 (31.578)	1:03.858 (32.280)	1:35.502 (31.644)		2:07.550 (32.048)	
2:42.248 (34.698)					
9 Carlson, Austin	Crown	2:43.30	1		
31.868 (31.868)	1:05.144 (33.276)	1:38.805 (33.661)		2:12.723 (33.918)	
2:43.297 (30.574)					
10 Hanley, Brett	Carleton	2:43.32	1		
31.874 (31.874)	1:05.006 (33.132)	1:38.727 (33.721)		2:12.555 (33.828)	
2:43.313 (30.758)					

Carleton Meet of Hearts - 2/11/2023**Recreation Center****Results****...Men 1000 Meter Run**

11 Mazor, Ben	Carleton	2:44.01	1		
32.896 (32.896)	1:05.500 (32.604)	1:38.969 (33.469)		2:12.835 (33.866)	
2:44.002 (31.167)					
12 Duffy, Leo	Luther	2:48.45	1		
32.373 (32.373)	1:05.972 (33.599)	1:39.468 (33.496)		2:13.884 (34.416)	
2:48.443 (34.559)					
13 Zander, Joshua	Martin Luther	2:59.73	1		
32.153 (32.153)	1:05.746 (33.593)	1:42.519 (36.773)		2:21.512 (38.993)	
2:59.723 (38.211)					

Men 1 Mile Run

Name	Year School	Finals	H#		
1 Nichols, Gabe	Carleton	4:13.37	3		
31.932 (31.932)	1:00.967 (29.035)	1:31.651 (30.684)		2:03.564 (31.913)	
2:35.655 (32.091)	3:08.331 (32.676)	3:40.948 (32.617)		4:13.365 (32.417)	
2 Llewellyn, Roy	Carleton	4:22.91	3		
32.215 (32.215)	1:01.684 (29.469)	1:33.553 (31.869)		2:07.369 (33.816)	
2:42.095 (34.726)	3:17.073 (34.978)	3:51.168 (34.095)		4:22.904 (31.736)	
3 Jones, Elijah	Carleton	4:23.42	3		
32.627 (32.627)	1:02.736 (30.109)	1:34.918 (32.182)		2:07.991 (33.073)	
2:42.031 (34.040)	3:16.845 (34.814)	3:50.554 (33.709)		4:23.419 (32.865)	
4 Crotteau, Ben	Macalester	4:27.15	3		
32.765 (32.765)	1:03.000 (30.235)	1:35.167 (32.167)		2:08.652 (33.485)	
2:42.847 (34.195)	3:17.563 (34.716)	3:52.057 (34.494)		4:27.144 (35.087)	
5 Thompson, Malachi	Luther	4:35.18	3		
36.007 (36.007)	1:09.550 (33.543)	1:43.974 (34.424)		2:19.222 (35.248)	
2:54.052 (34.830)	3:27.435 (33.383)	4:03.559 (36.124)		4:35.178 (31.619)	
6 Bernstein, Ryan	Carleton	4:35.85	3		
35.733 (35.733)	1:08.852 (33.119)	1:42.399 (33.547)		2:17.026 (34.627)	
2:51.830 (34.804)	3:26.975 (35.145)	4:02.833 (35.858)		4:35.846 (33.013)	
7 Binsfeld, Matthew	Luther	4:36.20	3		
35.046 (35.046)	1:09.082 (34.036)	1:43.188 (34.106)		2:17.953 (34.765)	
2:53.154 (35.201)	3:27.435 (34.281)	4:01.660 (34.225)		4:36.197 (34.537)	
8 Lange, Emerson	Carleton	4:36.91	3		
35.098 (35.098)	1:08.614 (33.516)	1:42.217 (33.603)		2:17.569 (35.352)	
2:52.440 (34.871)	3:28.038 (35.598)	4:36.890 (1:08.852)		4:36.906 (0.016)	
9 Madell, Joe	Macalester	4:38.99	2		
39.054 (39.054)	1:12.914 (33.860)	1:48.180 (35.266)		2:24.582 (36.402)	
3:00.233 (35.651)	3:35.364 (35.131)	4:09.206 (33.842)		4:38.986 (29.780)	
10 Taylor, Ike	Luther	4:40.71	3		
36.297 (36.297)	1:09.470 (33.173)	1:44.295 (34.825)		2:19.456 (35.161)	
2:54.553 (35.097)	3:30.085 (35.532)	4:05.973 (35.888)		4:40.702 (34.729)	
11 Ode, Will	Luther	4:41.79	2		
37.278 (37.278)	1:10.404 (33.126)	1:46.278 (35.874)		2:22.366 (36.088)	
2:57.847 (35.481)	3:34.299 (36.452)	4:08.903 (34.604)		4:41.786 (32.883)	
12 Watts, Avery	Carleton	4:43.39	3		
35.471 (35.471)	1:08.580 (33.109)	1:41.666 (33.086)		2:15.818 (34.152)	
2:50.848 (35.030)	3:27.259 (36.411)	4:05.344 (38.085)		4:43.386 (38.042)	
13 Fendig, Alex	Macalester	4:43.47	2		
37.304 (37.304)	1:10.914 (33.610)	1:46.498 (35.584)		2:23.069 (36.571)	
2:58.435 (35.366)	3:33.988 (35.553)	4:09.316 (35.328)		4:43.466 (34.150)	

Carleton Meet of Hearts - 2/11/2023**Recreation Center****Results****....Men 1 Mile Run**

14	Galloway, Jordan	Macalester	4:47.06	3		
	36.588 (36.588)	1:09.202 (32.614)	1:43.639 (34.437)		2:19.450 (35.811)	
	2:56.226 (36.776)	3:34.189 (37.963)	4:03.059 (28.870)		4:11.389 (8.330)	
	4:47.053 (35.664)					
15	Jamison, Andrew	Carleton	4:49.32	2		
	38.475 (38.475)	1:13.038 (34.563)	1:47.986 (34.948)		2:24.274 (36.288)	
	3:00.401 (36.127)	3:37.062 (36.661)	4:14.049 (36.987)		4:49.317 (35.268)	
16	Lebakken, Kurt	Luther	4:49.37	2		
	38.283 (38.283)	1:13.336 (35.053)	1:49.149 (35.813)		2:27.174 (38.025)	
	3:03.200 (36.026)	3:42.659 (39.459)	4:18.109 (35.450)		4:49.369 (31.260)	
17	Haugland, Jonas	Luther	4:49.86	2		
	39.602 (39.602)	1:14.568 (34.966)	1:51.405 (36.837)		2:28.712 (37.307)	
	3:05.264 (36.552)	3:40.480 (35.216)	4:16.615 (36.135)		4:49.854 (33.239)	
18	Hansen, Evan	Luther	4:50.65	2		
	37.785 (37.785)	1:12.220 (34.435)	1:47.748 (35.528)		2:24.438 (36.690)	
	3:01.845 (37.407)	3:39.208 (37.363)	4:17.157 (37.949)		4:50.646 (33.489)	
19	Montover, Christian	Luther	4:50.86	1		
	37.048 (37.048)	37.048 (0.000)	1:13.394 (36.346)		1:50.794 (37.400)	
	2:28.902 (38.108)	3:05.402 (36.500)	3:41.902 (36.500)		4:50.854 (1:08.952)	
20	Dutt, Sergey	Luther	4:50.88	1		
	37.683 (37.683)	1:13.162 (35.479)	1:50.536 (37.374)		2:28.236 (37.700)	
	3:05.862 (37.626)	3:42.607 (36.745)	4:18.522 (35.915)		4:50.876 (32.354)	
21	Zander, Joshua	Martin Luther	4:52.55	2		
	37.048 (37.048)	1:10.120 (33.072)	1:46.154 (36.034)		2:22.753 (36.599)	
	2:58.723 (35.970)	3:36.159 (37.436)	4:14.821 (38.662)		4:52.544 (37.723)	
22	Shubatt, Eli	Luther	4:52.93	2		
	38.445 (38.445)	1:13.593 (35.148)	1:49.617 (36.024)		2:27.400 (37.783)	
	3:03.853 (36.453)	3:42.593 (38.740)	4:18.939 (36.346)		4:52.926 (33.987)	
23	Thompson, Logan	Luther	4:53.32	1		
	36.059 (36.059)	1:12.642 (36.583)	1:50.281 (37.639)		2:28.552 (38.271)	
	3:06.252 (37.700)	3:43.728 (37.476)	4:20.848 (37.120)		4:53.315 (32.467)	
24	Hoppe, Josiah	Bethany Lutheran	4:55.44	1		
	38.686 (38.686)	1:14.678 (35.992)	1:52.205 (37.527)		2:30.839 (38.634)	
	3:07.849 (37.010)	3:45.327 (37.478)	4:21.821 (36.494)		4:55.439 (33.618)	
25	Sulzle, Camden	Martin Luther	4:55.50	2		
	38.141 (38.141)	1:11.493 (33.352)	1:47.242 (35.749)		2:25.143 (37.901)	
	3:03.765 (38.622)	3:43.118 (39.353)	4:20.476 (37.358)		4:55.499 (35.023)	
26	Hatlevig, Ike	Macalester	4:56.16	1		
	37.982 (37.982)	1:13.945 (35.963)	1:51.693 (37.748)		2:30.171 (38.478)	
	3:07.877 (37.706)	3:45.371 (37.494)	4:22.451 (37.080)		4:56.156 (33.705)	
27	Kubly, Joseph	Augsburg	4:57.90	2		
	38.818 (38.818)	1:13.543 (34.725)	1:49.350 (35.807)		2:27.568 (38.218)	
	3:05.364 (37.796)	3:44.089 (38.725)	4:23.394 (39.305)		4:57.899 (34.505)	
28	Puent, Aaron	Augsburg	5:00.77	1		
	39.256 (39.256)	1:16.190 (36.934)	1:53.237 (37.047)		2:31.531 (38.294)	
	3:09.515 (37.984)	3:47.720 (38.205)	4:26.513 (38.793)		5:00.768 (34.255)	
29	Edmondson, Trace	Bethany Lutheran	5:01.60	1		
	38.496 (38.496)	1:14.836 (36.340)	1:52.359 (37.523)		2:30.461 (38.102)	
	3:08.156 (37.695)	3:45.543 (37.387)	4:24.350 (38.807)		5:01.595 (37.245)	
30	Dizon, Jermaine	Luther	5:02.33	1		
	39.068 (39.068)	1:15.586 (36.518)	1:52.741 (37.155)		2:31.880 (39.139)	
	3:10.795 (38.915)	3:49.887 (39.092)	4:25.757 (35.870)		5:02.326 (36.569)	
31	Michaelson, Jacob	Luther	5:04.15	1		
	38.296 (38.296)	1:14.562 (36.266)	1:52.635 (38.073)		2:31.239 (38.604)	
	3:09.779 (38.540)	3:48.423 (38.644)	4:27.020 (38.597)		5:04.145 (37.125)	

Carleton Meet of Hearts - 2/11/2023**Recreation Center****Results****....Men 1 Mile Run**

32 Dahlen, Peter	Luther	5:20.90	1
38.756 (38.756)	1:15.246 (36.490)	1:53.095 (37.849)	2:32.368 (39.273)
3:12.803 (40.435)	3:54.917 (42.114)	4:37.488 (42.571)	5:20.899 (43.411)

Men 3000 Meter Run

Name	Year School	Finals	H#
1 Altier, Tom	Luther	8:25.35	2
33.722 (33.722)	1:08.628 (34.906)	1:43.182 (34.554)	2:16.953 (33.771)
2:50.629 (33.676)	3:24.960 (34.331)	3:59.166 (34.206)	4:32.953 (33.787)
5:06.138 (33.185)	5:39.095 (32.957)	6:12.024 (32.929)	6:45.142 (33.118)
7:18.408 (33.266)	7:51.881 (33.473)	8:25.350 (33.469)	
2 Bowman, Henry	Carleton	8:27.59	2
34.246 (34.246)	1:08.901 (34.655)	1:43.479 (34.578)	2:17.220 (33.741)
2:50.875 (33.655)	3:25.201 (34.326)	3:59.414 (34.213)	4:33.301 (33.887)
5:06.381 (33.080)	5:39.435 (33.054)	6:12.294 (32.859)	6:45.524 (33.230)
7:19.391 (33.867)	7:53.873 (34.482)	8:27.585 (33.712)	
3 Melville, Chris	Carleton	8:42.04	2
35.015 (35.015)	1:10.172 (35.157)	1:45.437 (35.265)	2:20.166 (34.729)
2:55.017 (34.851)	3:29.694 (34.677)	4:04.349 (34.655)	4:39.194 (34.845)
5:14.102 (34.908)	5:48.611 (34.509)	6:23.211 (34.600)	6:57.907 (34.696)
7:33.039 (35.132)	8:08.046 (35.007)	8:42.031 (33.985)	
4 Ihrke, Nick	Macalester	8:45.30	2
36.040 (36.040)	1:10.826 (34.786)	1:46.007 (35.181)	2:20.705 (34.698)
2:55.610 (34.905)	3:30.359 (34.749)	4:05.172 (34.813)	4:39.989 (34.817)
5:15.003 (35.014)	5:50.217 (35.214)	6:25.989 (35.772)	7:01.706 (35.717)
7:37.420 (35.714)	8:12.161 (34.741)	8:45.293 (33.132)	
5 McKee, Reece	Macalester	8:47.35	2
36.334 (36.334)	1:11.108 (34.774)	1:46.305 (35.197)	2:20.967 (34.662)
2:55.913 (34.946)	3:30.713 (34.800)	4:05.665 (34.952)	4:40.809 (35.144)
5:16.368 (35.559)	5:52.590 (36.222)	6:28.623 (36.033)	7:04.662 (36.039)
7:40.834 (36.172)	8:15.710 (34.876)	8:47.347 (31.637)	
6 Koller, Adam	Luther	8:52.32	2
35.730 (35.730)	1:10.517 (34.787)	1:45.740 (35.223)	2:20.419 (34.679)
2:55.282 (34.863)	3:29.951 (34.669)	4:04.700 (34.749)	4:39.512 (34.812)
5:14.413 (34.901)	5:49.126 (34.713)	6:25.333 (36.207)	7:02.926 (37.593)
7:41.567 (38.641)	8:20.381 (38.814)	8:52.316 (31.935)	
7 Gillikin, Benjamin	Luther	8:53.42	2
36.470 (36.470)	1:11.686 (35.216)	1:46.871 (35.185)	2:21.691 (34.820)
2:56.629 (34.938)	3:31.590 (34.961)	4:06.875 (35.285)	4:41.685 (34.810)
5:17.873 (36.188)	5:54.210 (36.337)	6:30.936 (36.726)	7:07.895 (36.959)
7:45.188 (37.293)	8:21.496 (36.308)	8:53.419 (31.923)	
8 Fellingham, Kaeden	Luther	9:00.78	2
36.212 (36.212)	1:11.434 (35.222)	1:46.630 (35.196)	2:21.409 (34.779)
2:56.368 (34.959)	3:31.312 (34.944)	3:31.334 (0.022)	4:06.669 (35.335)
4:42.593 (35.924)	5:19.818 (37.225)	5:57.412 (37.594)	6:34.722 (37.310)
7:11.954 (37.232)	7:49.232 (37.278)	9:00.778 (1:11.546)	
9 Aoki-Sherwood, Ben	Carleton	9:04.13	2
35.930 (35.930)	1:12.203 (36.273)	1:48.293 (36.090)	2:24.727 (36.434)
3:01.258 (36.531)	3:37.618 (36.360)	4:14.120 (36.502)	4:50.911 (36.791)
5:27.522 (36.611)	6:04.041 (36.519)	6:40.300 (36.259)	7:16.524 (36.224)
7:53.276 (36.752)	8:29.420 (36.144)	9:04.126 (34.706)	

Carleton Meet of Hearts - 2/11/2023**Recreation Center****Results****....Men 3000 Meter Run**

10 Edwards, Tyler	Macalester	9:10.68	2		
36.666 (36.666)	1:12.379 (35.713)	1:47.705 (35.326)		2:59.761 (1:12.056)	
3:35.897 (36.136)	4:12.257 (36.360)	4:49.448 (37.191)		5:26.844 (37.396)	
6:04.291 (37.447)	6:41.462 (37.171)	7:19.437 (37.975)		7:57.715 (38.278)	
8:35.469 (37.754)	9:10.674 (35.205)				
11 Appel, Aidan	Macalester	9:12.85	2		
36.728 (36.728)	1:12.519 (35.791)	1:47.264 (34.745)		2:23.366 (36.102)	
2:59.480 (36.114)	3:36.116 (36.636)	4:12.663 (36.547)		4:50.042 (37.379)	
5:27.716 (37.674)	6:05.801 (38.085)	6:44.265 (38.464)		7:22.428 (38.163)	
8:01.170 (38.742)	8:38.955 (37.785)	9:12.842 (33.887)			
12 Peske, Cole	Macalester	9:18.73	1		
36.890 (36.890)	1:15.043 (38.153)	1:52.223 (37.180)		2:29.000 (36.777)	
3:06.055 (37.055)	3:43.149 (37.094)	4:20.683 (37.534)		4:58.323 (37.640)	
5:36.400 (38.077)	6:14.964 (38.564)	6:53.698 (38.734)		7:32.124 (38.426)	
8:08.863 (36.739)	8:45.547 (36.684)	9:18.725 (33.178)			
13 Anderson, Jakin	Bethany Lutheran	9:21.51	1		
37.227 (37.227)	1:15.321 (38.094)	1:52.882 (37.561)		2:29.704 (36.822)	
3:06.435 (36.731)	3:43.462 (37.027)	4:20.955 (37.493)		4:58.674 (37.719)	
5:36.954 (38.280)	6:15.801 (38.847)	6:54.600 (38.799)		7:33.889 (39.289)	
8:12.001 (38.112)	8:47.654 (35.653)	9:21.506 (33.852)			
14 Adams, Brock	Macalester	9:25.09	1		
36.736 (36.736)	1:14.821 (38.085)	1:51.951 (37.130)		2:28.737 (36.786)	
3:05.783 (37.046)	3:42.834 (37.051)	4:20.362 (37.528)		4:58.011 (37.649)	
5:36.152 (38.141)	6:14.682 (38.530)	6:53.522 (38.840)		7:32.652 (39.130)	
8:10.999 (38.347)	8:49.262 (38.263)	9:25.087 (35.825)			
15 Lash, Caleb	Martin Luther	9:31.96	1		
39.772 (39.772)	1:18.209 (38.437)	1:55.920 (37.711)		2:33.692 (37.772)	
3:11.662 (37.970)	3:49.775 (38.113)	4:28.215 (38.440)		5:06.788 (38.573)	
5:45.413 (38.625)	6:24.292 (38.879)	7:03.050 (38.758)		7:41.760 (38.710)	
8:20.237 (38.477)	8:57.442 (37.205)	9:31.951 (34.509)			
16 Kober, Ethan	Luther	9:40.24	1		
39.162 (39.162)	1:18.231 (39.069)	1:56.287 (38.056)		2:34.051 (37.764)	
3:11.999 (37.948)	3:50.148 (38.149)	4:28.662 (38.514)		5:07.251 (38.589)	
5:45.865 (38.614)	6:24.958 (39.093)	7:04.585 (39.627)		7:45.181 (40.596)	
8:26.296 (41.115)	9:07.096 (40.800)	9:40.240 (33.144)			
17 Hutchinson, Elijah	Martin Luther	9:55.96	1		
39.928 (39.928)	1:18.678 (38.750)	1:56.477 (37.799)		2:34.364 (37.887)	
3:12.409 (38.045)	3:50.905 (38.496)	4:30.187 (39.282)		5:10.513 (40.326)	
5:51.414 (40.901)	6:32.231 (40.817)	7:14.306 (42.075)		7:55.724 (41.418)	
8:36.822 (41.098)	9:17.596 (40.774)	9:55.952 (38.356)			
18 Hoppe, Josiah	Bethany Lutheran	9:59.73	1		
39.302 (39.302)	1:19.185 (39.883)	1:57.369 (38.184)		2:36.615 (39.246)	
3:16.665 (40.050)	3:58.242 (41.577)	4:38.334 (40.092)		5:18.117 (39.783)	
5:58.117 (40.000)	6:41.215 (43.098)	7:23.865 (42.650)		8:05.722 (41.857)	
8:47.746 (42.024)	9:27.060 (39.314)	9:59.726 (32.666)			
19 Sulzle, Camden	Martin Luther	10:00.11	1		
40.682 (40.682)	1:20.614 (39.932)	2:00.264 (39.650)		2:40.596 (40.332)	
3:21.814 (41.218)	3:58.469 (36.655)	4:36.955 (38.486)		5:17.499 (40.544)	
5:58.693 (41.194)	6:41.403 (42.710)	7:23.759 (42.356)		8:06.236 (42.477)	
8:48.006 (41.770)	9:26.547 (38.541)	10:00.109 (33.562)			
20 Edmondson, Trace	Bethany Lutheran	10:04.98	1		
39.578 (39.578)	1:19.149 (39.571)	1:57.018 (37.869)		2:36.879 (39.861)	
3:16.897 (40.018)	3:57.994 (41.097)	4:37.792 (39.798)		5:17.719 (39.927)	
5:58.867 (41.148)	6:40.901 (42.034)	7:23.613 (42.712)		8:05.970 (42.357)	
8:47.612 (41.642)	9:27.813 (40.201)	10:04.975 (37.162)			

Carleton Meet of Hearts - 2/11/2023**Recreation Center****Results****....Men 3000 Meter Run**

-- Schwarz, Lane	Luther	DNF	2
33.314 (33.314)	1:08.394 (35.080)	1:42.978 (34.584)	2:16.758 (33.780)
2:23.004 (6.246)	2:50.429 (27.425)	3:24.727 (34.298)	3:58.920 (34.193)
4:33.877 (34.957)			

Men 55 Meter Hurdles

Name	Year School	Finals
1 Mortensen, Ian	Carleton	8.55
2 Stefanowicz, Sebastian	Macalester	8.61
3 Clayton, Trajen	Augsburg	8.65
4 Stanton, Jeremiah	Martin Luther	8.81
5 Wada, Aki	Macalester	8.91
6 Malliet, Samuel	Martin Luther	8.92
7 Owens, Jarvis	Bethany Lutheran	10.02
8 Lippert, Noah	Bethany Lutheran	10.03

Men 4x200 Meter Relay

School	Finals	H#
1 Macalester 'A'	1:33.40	2
1) Wang, Jeff	2) Schonebaum, Henry	
3) Kinnucan, Ryan	4) Kogut, Jacob	
2 Luther 'A'	1:35.62	2
1) Chisora, Tinashe	2) Zewou, Danny	
3) Lefort, Tancrede	4) Deas, Brandon	
3 Crown 'A'	1:36.67	1
1) Folston, Malek	2) Johnson, Seth E.	
3) Swecker, Ryan	4) Laumb, Evan	
4 Macalester 'B'	x1:37.87	1
1) Stefanowicz, Sebastian	2) Mahamud, Hamza	
3) Wada, Aki	4) Zong-Naba, Sylvain	
5 Bethany Lutheran 'A'	1:38.37	2
1) Owens, Jarvis	2) Wenninger, Joshua	
3) Anderson, Jakin	4) Marzinske, Jake	

Men 4x400 Meter Relay

School	Finals	H#
1 Carleton 'A'	3:28.40	2
1) Pattison, Alistair	2) Fong, Jeremy	
3) Meier, Josh	4) Anderson, Reese	
2 Macalester 'A'	3:30.14	2
1) Schonebaum, Henry	2) Wang, Jeff	
3) Kinnucan, Ryan	4) Ali, Kalid	
3 Augsburg 'A'	3:33.36	2
1) Landherr, Fritz	2) Hussien, Sakariya	
3) Wondimu, Bereket	4) Asfaw, Getinat	
4 Luther 'A'	3:34.02	2
1) Chisora, Tinashe	2) Ode, Will	
3) Swanstrom-Arnold, Sorley	4) Duffy, Leo	
5 Carleton 'B'	x3:36.66	1

Carleton Meet of Hearts - 2/11/2023
Recreation Center
Results

....Men 4x400 Meter Relay

1) Mortensen, Ian	2) Nichols, Gabe		
3) Llewellyn, Roy	4) Lyness, Indy		
6 Martin Luther 'A'		3:40.63	2
1) Pausma, Nathan	2) Stanton, Jeremiah		
3) Schibbelhut, Micah	4) Wegner, Luke		
7 Macalester 'B'		x3:41.68	1
1) Bosley, Mason	2) Malecha, Thomas		
3) Witt, Lachlan	4) Useche, Mateo		
8 Luther 'B'		x3:46.64	1
1) Lefort, Tancrede	2) Hansen, Evan		
3) Prentice, Harrison	4) Thompson, Logan		
9 Luther 'C'		x3:51.60	1
1) Dizon, Jermaine	2) Shubatt, Eli		
3) Thompson, Malachi	4) Carey-Odden, Leif		
10 Luther 'D'		x3:54.95	1
1) Anderson, Charlie	2) Lebakken, Kurt		
3) Dahlen, Peter	4) Binsfeld, Matthew		
11 Carleton 'C'		x3:59.05	1
1) Demetriades, Theo	2) Jones, Elijah		
3) Lange, Emerson	4) Hanley, Brett		

Men High Jump

Name	Year	School	Finals
1 Malliet, Samuel		Martin Luther	1.83m 6-00.00
1.33 1.38 1.43 1.48 1.53 1.58 1.63 1.68 1.73 1.78 1.83 1.88			
P P P P P P P P P O XO O XXX			
2 Marzinske, Jake		Bethany Lutheran	1.68m 5-06.00
1.33 1.38 1.43 1.48 1.53 1.58 1.63 1.68			
P P P P XXO O O XO			
3 Wietzke, Andrew		Martin Luther	1.58m 5-02.25
1.33 1.38 1.43 1.48 1.53 1.58 1.63			
P P P P O O XXX			
4 Owens, Jarvis		Bethany Lutheran	1.53m 5-00.25
1.33 1.38 1.43 1.48 1.53 1.58			
P P O O O XXX			
5 Strom, Matthew		Bethany Lutheran	1.43m 4-08.25
1.33 1.38 1.43 1.48			
O O O XXX			

Men Pole Vault

Name	Year	School	Finals
1 Mortensen, Ian		Carleton	4.17m 13-08.25
2.77 2.92 3.07 3.22 3.37 3.52 3.67 3.92 4.07 4.17			
P P P O O XO O O O O			
2 Adams, Tim		Carleton	3.67m 12-00.50
2.77 2.92 3.07 3.22 3.37 3.52 3.67 3.92			
P P P P XO XO XO XXX			
3 Wietzke, Andrew		Martin Luther	3.22m 10-06.75
2.77 2.92 3.07 3.22 3.37			
XXO O O O XXX			

Carleton Meet of Hearts - 2/11/2023**Recreation Center****Results****....Men Pole Vault**

4	Schibbelhut, Micah	Martin Luther	3.07m	10-00.75
	2.77 2.92 3.07 3.22 3.37 3.52			
	P O O XPP P XX			
5	Strom, Matthew	Bethany Lutheran	2.92m	9-07.00
	2.77 2.92 3.07			
	P O XXX			
--	Chrenshaw, Christopher	Martin Luther	NH	
	2.77			
	XXX			

Men Long Jump

Name	Year	School	Finals	
1	Hodin, Riley	Macalester	6.14m	20-01.75
	6.14m 5.88m 5.91m 5.91m 5.89m 5.49m			
2	Lefort, Tancrede	Luther	6.01m	19-08.75
	FOUL 5.78m 5.74m 5.34m 5.31m 6.01m			
3	Raasch, Eric Martin	Martin Luther	5.97m	19-07.00
	FOUL 5.70m 5.63m 5.97m FOUL 5.96m			
4	Ehlke, Joseph	Martin Luther	5.93m	19-05.50
	5.80m FOUL 5.93m FOUL 5.76m FOUL			
5	Petkau, Steven	Crown	5.81m	19-00.75
	5.53m 5.74m 5.81m 5.58m 5.60m 5.62m			
6	Stanton, Jeremiah	Martin Luther	5.52m	18-01.50
	FOUL FOUL 5.38m 5.52m 5.21m 5.04m			
7	Carey-Odden, Leif	Luther	5.24m	17-02.25
	FOUL FOUL 4.94m 5.01m 5.12m 5.24m			
--	Wang, Kevin	Macalester	FOUL	
	FOUL FOUL FOUL FOUL PASS PASS			

Men Triple Jump

Name	Year	School	Finals	
1	Hodin, Riley	Macalester	13.12m	43-00.50
	13.03m 12.97m 13.12m 12.78m 12.56m PASS			
2	Petkau, Steven	Crown	12.72m	41-08.75
	12.16m 12.35m 12.44m 12.53m 12.72m 12.56m			
3	Wang, Kevin	Macalester	12.26m	40-02.75
	FOUL 12.16m 12.26m FOUL FOUL PASS			
4	Ehlke, Joseph	Martin Luther	12.21m	40-00.75
	11.28m FOUL FOUL 11.74m 12.21m 11.43m			
5	Owens, Jarvis	Bethany Lutheran	12.13m	39-09.75
	FOUL FOUL 11.80m 12.02m 12.03m 12.13m			
6	Veimau, Justin	Macalester	10.60m	34-09.50
	10.60m PASS PASS 10.36m PASS PASS			
7	Lippert, Noah	Bethany Lutheran	10.44m	34-03.00
	10.25m 10.44m 10.33m FOUL 10.34m FOUL			
--	Hagen, Josh	Crown	FOUL	
	FOUL FOUL FOUL FOUL FOUL FOUL			

Carleton Meet of Hearts - 2/11/2023**Recreation Center****Results****Men Shot Put**

Name	Year	School	Finals	
1 Mills, Austin		Macalester	12.84m	42-01.50
	FOUL	11.93m	12.84m	FOUL
	FOUL	FOUL	12.64m	
2 Moldenhauer, Alexander		Martin Luther	11.60m	38-00.75
	11.16m	11.21m	11.60m	FOUL
	FOUL	FOUL	FOUL	
3 Yang, Aiden		Macalester	10.43m	34-02.75
	FOUL	9.56m	10.39m	10.06m
		10.43m	FOUL	
4 Johannes, Kelvin		Martin Luther	9.24m	30-03.75
	8.84m	8.69m	8.36m	8.91m
		8.38m	9.24m	
5 Mehlhorn, Joey		Luther	9.08m	29-09.50
	8.40m	8.78m	8.61m	FOUL
		9.08m	9.08m	
6 Costin, William		Martin Luther	8.66m	28-05.00
	8.35m	8.66m	7.94m	8.57m
		FOUL	8.64m	
7 Hailu, Alazar		Macalester	8.31m	27-03.25
	8.04m	7.40m	8.31m	7.50m
		7.55m	7.74m	
8 Simba, Chrino		Bethany Lutheran	8.02m	26-03.75
	7.56m	7.87m	7.71m	7.90m
		8.02m	7.68m	
9 Curtis, Matthew		Martin Luther	7.95m	26-01.00
	7.69m	7.53m	FOUL	7.95m
		7.40m	7.71m	
10 Ahmed, Ali		Augsburg	7.07m	23-02.50
	FOUL	7.07m	6.60m	

Men Weight Throw

Name	Year	School	Finals	
1 Wright, Victor		Macalester	14.86m	48-09.00
	FOUL	13.00m	14.86m	FOUL
	FOUL	14.13m	FOUL	
2 Menache, Max		Macalester	14.19m	46-06.75
	FOUL	FOUL	11.79m	FOUL
	FOUL	FOUL	14.19m	
3 Mills, Austin		Macalester	13.03m	42-09.00
	12.30m	FOUL	12.20m	FOUL
		13.03m	FOUL	
4 Mehlhorn, Joey		Luther	10.27m	33-08.50
	FOUL	9.27m	FOUL	10.27m
		9.22m	FOUL	
5 Moldenhauer, Alexander		Martin Luther	9.70m	31-10.00
	6.95m	8.18m	FOUL	9.61m
		8.72m	9.70m	
6 Curtis, Matthew		Martin Luther	8.78m	28-09.75
	7.61m	6.62m	8.08m	7.51m
		8.78m	8.06m	
7 Costin, William		Martin Luther	8.71m	28-07.00
	7.96m	7.47m	7.61m	8.25m
		8.46m	8.71m	
8 Johannes, Kelvin		Martin Luther	8.45m	27-08.75
	7.95m	7.99m	8.07m	7.21m
		8.45m	7.73m	
9 Simba, Chrino		Bethany Lutheran	6.32m	20-09.00
	FOUL	5.55m	FOUL	FOUL
		5.60m	6.32m	

Women - Team Rankings - 17 Events Scored

1) Carleton	178	2) Luther	112
3) Macalester	107	4) St. Catherine	91
5) Martin Luther	48	6) Augsburg	45
7) Bethany Lutheran	24	8) Crown	12
9) Whittier	10		

Carleton Meet of Hearts - 2/11/2023
Recreation Center
Results

....Men Weight Throw

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Men - Team Rankings - 17 Events Scored
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1) Macalester	172	2) Carleton	152
3) Martin Luther	101	4) Luther	89
5) Crown	37	6) Bethany Lutheran	36
7) Augsburg	34		